Kids don't have to put up with OCD!

A free OCD treatment program is available for 12-17 year olds for a short time only



Does your son or daughter:

- seem particularly fussy about keeping their hands clean?
- find themselves checking, touching or counting things even though they know they don't really have to?
- have trouble finishing school work or chores because they have to do something over and over again?
- worry a lot if something isn't done exactly the way they like?

Does your son or daughter have difficulty stopping these habits, and do they seem to interfere with their lives?

These symptoms may be signs of Obsessive-Compulsive Disorder (OCD).

The University of Queensland is offering a FREE OCD TREATMENT PROGRAM for teenagers aged 12-17 for a shorttime only.

The 12 week internet-based program is supported by a clinical psychologist who is a specialist in treating teen OCD. Parents can also access an online program and specialist support.

Please contact **Dr Cynthia Turner at <u>Cynthia.turner@uq.edu.au</u>** to discuss your child's suitability for this free program or find out more about the program at:

http://www.exp.psy.uq.edu.au/ocd

(Ethics approval:#2015000406: Behavioural and Social Sciences Ethical Review Committee, University of Queensland)