



## Senior School Guidance Officer Report

### QTAC is NOW OPEN!

If you are intending on going to University next year or deferring then you must complete a QTAC application. Please find attached information from the Queensland Tertiary Admissions Centre (QTAC). This will help you with your QTAC applications for University next year. Please note that in addition to this information you should have also received a QTAC guide. The guide has all the information you need to choose courses for next year. Application fee is \$43.00.

Website:

<https://www.qtac.edu.au/>

Courses/Institutions

<https://www.qtac.edu.au/courses-institutions>

Applying

<https://www.qtac.edu.au/applying>

Educational access scheme

<https://www.qtac.edu.au/applying/educational-access-scheme>

Information for parents

<https://www.qtac.edu.au/for-parents>

### University Scholarships







Bond University's Scholarship Program encompasses a range of awards available to Australian students at an undergraduate and postgraduate level.

Bond offers a number of full-fee and part-fee scholarships to the best and brightest applicants each semester and are designed to reward and encourage students who have excelled in the areas of academia, leadership, community and sporting.

**Scholarship applications for Year 12 Australian students will open on 1 June 2018.**

For more information about Bond University's Scholarships, please visit <https://bond.edu.au/future-students/study-bond/how-apply/scholarships>



	<p>Griffith and its partners provide more than \$40 million annually, to support students as they complete their degrees. Over 600 scholarships are available to new and continuing students whose success at University would benefit from direct financial support.</p> <p>For more information about Griffith University's Scholarships, please visit <a href="https://www.griffith.edu.au/scholarships">https://www.griffith.edu.au/scholarships</a></p>
	<p>QUT want you to succeed in your studies. Their scholarships can help you achieve your best through financial support, work experience and exciting networking opportunities.</p> <p>Find the scholarship that takes your success to the next level. For more information about QUT's Scholarships, please visit <a href="https://www.qut.edu.au/study/fees-and-scholarships/scholarships">https://www.qut.edu.au/study/fees-and-scholarships/scholarships</a></p>
	<p>UQ offer a range of academic, research and excellence scholarships.</p> <p>For more information about UQ's Scholarships, please visit <a href="https://scholarships.uq.edu.au/">https://scholarships.uq.edu.au/</a></p>
 Southern Cross University	<p>Southern Cross University offers a range of scholarships for <a href="#">undergraduate (your first degree)</a>, <a href="#">postgraduate</a>, <a href="#">Indigenous Australian students</a>, <a href="#">international students</a> as well as <a href="#">Equity scholarships</a>. There are also <a href="#">scholarships available to help you study overseas</a> for a short period as an international exchange student.</p> <p>For more information about Southern Cross University's Scholarships, please visit <a href="https://www.scu.edu.au/scholarships/">https://www.scu.edu.au/scholarships/</a></p> <p><b>Note:</b> Students applying to study via UAC or QTAC are strongly encouraged to apply for a scholarship prior to receiving an offer. If you have Southern Cross University as your first preference you should apply for a scholarship because UAC and QTAC offers are sent after most scholarships have closed</p>

## University Opportunities



### Summer 2019 – Institute of Modern Languages

9 January– 13 February | St Lucia Campus, Brisbane

Join a Summer Survival course and learn basic speaking skills in only six weeks! Between 9 January and 13 February, we offer 12-hour courses designed for complete beginners. No



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previous knowledge required. IML provides interactive classes with friendly and qualified tutors.

Find out more - <https://iml.uq.edu.au/summer-courses-2019>

### **Institute of Modern Languages – High School Summer Program**

14 – 18 January 2019 | UQ

These enrichment courses are suitable for students in the Senior phase of learning (Year 11 and 12) who wish to enrich their knowledge of the language and culture they are currently studying and practise their language skills.

Find out more - <https://iml.uq.edu.au/iml-uq-high-school-program>

### **OP Results Advice Night**

17 December | St Lucia Campus

Come along if you still need to discuss your OP and options.

Find out more - <https://future-students.uq.edu.au/op-results-advice-night>



### **Aptitude for Engineering Assessment (AEA): applications now open**

The aptitude for engineering assessment (AEA) offers Year 12 students an admissions pathway into engineering at Griffith University.

The exam is a two-and-a-half hour multiple choice test that assesses the candidate's aptitude to think scientifically, solve quantitative problems, critically analyse information and display interpersonal understanding.

Students who successfully pass the exam will receive admission directly into the Bachelor of Engineering (Honours) or Bachelor of Engineering Technology in Electronic and Computer Engineering at Griffith University.

» For more details and to register for the assessment go to [griffith.edu.au/aptitude-engineering-assessment](http://griffith.edu.au/aptitude-engineering-assessment)

### **Griffith University – Get the Skills you need to succeed at University - QLD**

3 - 7 December | Logan Campus

The Griffith Educational Tertiary/University Prep Program (GET/UPP) is a free five-day program for anyone looking to improve their study skills. Whether you're in high school, already at uni, or if you haven't studied in years, GET/UPP can help you build confidence by introducing you to the skills and information you need to succeed at university.

Find out more - <https://www.griffith.edu.au/library/getupp>

## **Other University Information**

### **Introducing UCAT**

Year 11 Students wanting to do Medicine or Dentistry at UQ in 2020 please be aware that the UMAT Admissions Test will be replaced by UCAT in 2019.



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Beginning with current Year 11's, all applicants intending to sit the UMAT in 2019 for entry to university in 2020 will need to sit the new University Clinical Aptitude Test (UCAT). From 2019 onwards, the UMAT test will be discontinued.

UCAT will become be a mandatory admissions test for the Doctor of Medicine (provisional entry) and Dental Science at The University of Queensland.

The registration for the UCAT will open in March 2019 and close in mid-May. The UCAT will be offered on a choice of dates throughout the month of July, rather than on one single date.

The test consists of five, separately timed, subtests:

- Verbal Reasoning
- Decision Making
- Quantitative Reasoning
- Abstract Reasoning
- Situational Judgement Test

For more information about the new test, including testing dates and format visit [UCAT online](#).

### **Preparing for UCAT**

UCAT ANZ have a number of preparation materials available to assist students in preparing for the UCAT - these include:

- Practice examinations (timed)
- An online, interactive tutorial that teaches students how to approach questions and useful test strategies
- An incredibly detailed bank of example questions

We strongly encourage students to use the officially produced materials. Candidates should be aware that whilst there are many commercial companies publishing books and offering coaching for our tests, the UCAT ANZ Consortium does not work with any of these companies or endorse the use of their materials. Taking advantage of these opportunities can cost candidates a great deal of money and we would advise you to be sceptical about claims they can help you do well in the test by coaching.

You can find the official preparation materials [here](#).

### **QTAC – Using NSW or Victorian ATAR Calculators To Predict ATAR**

From QTAC - It has come to our attention that some students are using NSW HSC and Victorian VCE ATAR calculators they have found online to help them choose their Senior subjects.

We strongly recommend students avoid using these or similar ATAR calculators because they cannot accurately predict a Queensland student's ATAR or how certain Queensland Senior subjects will scale. No one (including QTAC or university experts) is able to produce a calculator that can accurately predict Queensland ATARs to be awarded from 2020.



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- Students should choose subjects:
  - they enjoy
  - think they will achieve well in, and
  - that are subject prerequisites for tertiary courses that they will be seeking entry to.

We will provide subject scaling outcomes for students completing Year 12 in 2020 when this become available in December 2020. To assist students, schools can access information about the lowest ATARs that were awarded within each OP band for OPs awarded in 2016 and 2017 from our [ATAR page](#).

### **UCAT Medical School Test Prep – Free Question Bank**

Receive access to Kaplan's UKCAT Question Bank for free! It provides 3 full-length practice tests and over 2500 test-like practice questions. Use this resource to explore UCAT questions and provide your students with a head start in preparation for this test.

[Access it here](#)

### **Find out what life is like at Uni with QUT**

While you're studying, you'll meet new people and make great friends while having access to all the support you need to help you succeed at study. Find out more about the QUT student experience and living in Brisbane.

[Read more](https://www.qut.edu.au/study/student-life) - <https://www.qut.edu.au/study/student-life>

### **Resources for Next Level Parenting from UQ**

Supporting your child as they make university decisions? Our Next Level Parenting page has advice and helpful tips for parents of high school kids on the journey to university

### **NIDA Undergraduate Applications for 2019 are open**

NIDA's three-year practice-based Bachelor courses provide an intensive and immersive experience, as students work together to create, perform and stage full theatrical productions, films, events and exhibitions.

Applications are now open and close September 30

Click on the individual links to apply –

- [BFA \(Acting\)](#)
- [BFA \(Costume\)](#)
- [BFA \(Design for Performance\)](#)
- [BFA \(Technical Theatre and Stage Management\)](#)
- [BFA \(Properties and Objects\)](#)

### **Queensland Government – Aboriginal & TSI Scholarships**

A wide range of scholarships in different fields of study.

Find out more - <https://www.qld.gov.au/atsi/education-training/other-scholarships>



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## Study Medicine Information Resource

Medical degree information is complex, it's hard to compare degrees and detect when details have changed.

The new [Study Medicine](#) website enables students to maximise their chance of becoming a doctor by providing details of the 57 direct entry medical degrees and degrees that lead to undergraduate or postgraduate medicine

You can find Study Medicine on Twitter, Facebook or email: [admin@studymedicine.com.au](mailto:admin@studymedicine.com.au)

Find out more - <https://www.studymedicine.com.au>

[Year 12 Options post school](#)

For those students not interested in attending University next year please be aware of numerous other options for further training, education and employment.

### Education and Training options:

Aurora: [www.aurora.edu.au](http://www.aurora.edu.au) (Scholarship information attached)

Prestige: [www.pst.edu.au](http://www.pst.edu.au) (Information attached)

Ignite Education: <https://ignite.edu.au/contact-us/>

Gold Coast TAFE: <https://tafeqld.edu.au/>

SAE: [www.sae.edu.au](http://www.sae.edu.au)

Apprenticeships Central: [www.apprenticeshipcentral.com.au](http://www.apprenticeshipcentral.com.au)

### Employment support

Gen Z: [www.genzemployment.com.au](http://www.genzemployment.com.au)

Headspace: [www.headspace.org.au/young-people/digital-work-study-program/](http://www.headspace.org.au/young-people/digital-work-study-program/)

Mission Australia: [www.missionaustralia.com.au/](http://www.missionaustralia.com.au/)

VETEA: [www.vetea.org.au](http://www.vetea.org.au)

TURSA: [www.tursa.com.au](http://www.tursa.com.au)

Enterprise & Training Company LTD: [www.etcltd.com.au](http://www.etcltd.com.au)

### Career Support

My Future: [myfuture.edu.au](http://myfuture.edu.au) - Please sign up to use *myfuture* and click the check box to receive career-related information such as exploring courses, occupations, career pathways and open days.



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**Students are encouraged to visit the school Pathways centre in Y block for more details of courses/employment.**

## Resources, Guides & Other News

### **MHSCareers Job Spotlight – Pilot**

Pilots operate and control the flight of different types of aircraft.

If you enjoy flying, you're great at maths and you're a really hands on person who gets technology, then being a pilot could be a career for you.

[Read the blog to find out more](#)

### **Spotify Study Playlists**

Listening to music while you study can help you focus, but what should you listen to? Spotify has some great FREE study playlists – try a few until you find one that works for you.

[Study Zone](#)

[Apply Yourself](#)

[Intense Studying](#)

### **21 Job Skills That Will Increase Your Salary**

You know you're a valuable member of the team, the workplace just wouldn't be the same without you; you're positive, organised, reliable, a problem solver ... The list goes on; but what happens when it's salary review time, how do these prized traits come into play? The good news is these skills are valuable!

Read more - <https://www.careerfags.com.au/news/news-and-views/job-skills>

### **From FYA - 3 Effective AF Things You Can Do To Keep From Stressin'**

If exam stress and job stress and the ever present 'what am I supposed to do with my life?' stress is fogging your thoughts and making it difficult for you to get stuff done, [read on](https://www.fya.org.au/2016/09/12/3-effective-af-things-you-can-do-to-keep-from-stressin/) - <https://www.fya.org.au/2016/09/12/3-effective-af-things-you-can-do-to-keep-from-stressin/>

### **Exam Ready?**

You've worked hard all year, and now it's time to show what you've learnt.

Exam prep can be stressful. That's why we've put together these exam prep tips to follow – they'll help you keep your cool and be the Exam Boss you were born to be.

### **The Day Before**

- Schedule A Final Revision Session
- Go over your revision notes a few times to refresh your memory
- If you haven't already highlighted your notes, then grab your favourite coloured fluoro and mark the most important information. It will help you focus, keep you motivated and help that information stick in your brain
- Do another practise exam if you have one prepared, if not read through any previous ones you've done





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- Finish studying at a reasonable time. If you're stressed out it can be tempting to keep studying and stay up late, but that's really not going to do much other than make you tired and less able to focus in your exam.

### **Get Everything Ready For The Following Day**

- Organise your pens and other equipment that you might need, (remember to take spares as well)
- Make sure you know exactly where you're supposed to be, at what time, and plan how you'll be getting to your exam (remember to leave a few extra minutes in case you get held up)
- Don't spend all day cramming, remember to take breaks and stay hydrated
- Otherwise you'll feel uptight and exhausted before you've even started your exam
- Have dinner (you could always try some brain food like oily fish), spend some time relaxing and get to bed nice and early for a good sleep
- Set your alarm, leaving yourself plenty of time to get ready in the morning. If you usually find it difficult to get out of bed, then set a second alarm too – exam day isn't the day to be sleeping through your alarm

### **The Big Exam Day**

- Get Yourself In A Positive Frame Of Mind And Wake Up Your Brain
- Get moving – When you hop out of bed in the morning have an invigorating shower and play some of your favourite tunes, you'll be feeling in a much happier place already. Or if you normally do some exercise first thing in the morning, great – do that too.
- Eat something – Even if you're feeling nervous and your stomach doesn't feel much like eating, hunger is a distraction that you really don't need when you're sitting an exam. So it's important to eat a good breakfast to keep you going. Anything is better than nothing, but something wholesome and nutritious that will fill you up for a long time is ideal.
- Relax – It can be tempting to pick up your revision notes and get some final cramming in, we'd suggest that you don't. A little light reading however, is perfect to get your brain ready for the work ahead, a bit like stretching your body before a work out. So maybe read the news, an article or a few chapters of a book and help your brain limber up.
- Remember to take a bottle of water, the equipment you'll need in your exam and wear comfortable clothes. Stick to your planned travel schedule, allow yourself extra time to get to the exam so you don't arrive late and flustered.

### **In The Exam**

- Breathe  
Take deep breaths – you'll feel more relaxed and better able to focus your mind.
- Listen  
Listen to all the instructions from the examiner and remember to pay attention to how long you have to complete your exam.
- Read  
Use any reading time to quickly look through the exam to see how many questions there are and give yourself an idea of how long you can spend answering each question.





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### **One Step At A Time**

Return to the start, be methodical. Read each question. Read it again. Then start answering. Try and keep your writing and any workings out neat so that it's easy for the examiner to understand what you've written.

### **Double-Check**

Once you've completed all your questions, if you have time, go back and read through your paper. If you've missed something out or made a mistake this gives you an opportunity to put it right.

### **Don't Panic**

If you're running out of time, don't panic, try to answer each remaining question to the best of your ability. You might have to keep answers shorter than you would like, but at least if you get something down & you get in the key information, the examiner will have something to give you a mark for.

### **Before You Know It, The Exam Will Be Over**

**Congratulations!** Now's the time to relax, take a break, and prepare for any other exams.

Don't talk about the exam with your friends, it won't do any good but might make you feel bad if you didn't come up with the same answer they did (and they might have been wrong where you were correct)

Make a couple of quick notes about what went well (and not so well) for next time – did you read through all the questions? Did it help to start with an 'easy' question? Or did you get stuck somewhere?

Look after yourself for the next day or so – remember it's just an exam and it won't change the course of your life, so don't let it get to you

**Steve Jones**  
**Senior School Guidance Officer**