



**HEY GIRLS! WE'RE
HAVING A REGULAR**

yoga class

JUST FOR YOU!

**COME & LEARN WAYS TO
RELAX, BE MORE POSITIVE
& HAVE FUN WHILST
GETTING FIT!**

Wanna come...?

INNER BLOOM YOGA SPECIALISES IN
YOGA FOR YOUTH. CLASSES ARE
DESIGNED TO INCORPORATE A
WELLBEING FOCUS AND ARE
FACILITATED BY AN EXPERIENCED
YOUTH WORKER / YOGA TEACHER.

MONDAYS | 5PM - 6PM
HELD AT FIGHT 4 YOUTH
UNIT 10/44A
CURRUMBIN CREEK ROAD
CURRUMBIN 4223
COST | \$10
STARTS | WK 2 - WK 10
(SCHOOL TERM 4)
FOR HIGH SCHOOL
STUDENTS
MATS PROVIDED



CONTACT HAYLEY 0424 719 835
INFO@INNERBLOOMYOGA.COM.AU