

Thrower House

All activities are free!

School Holiday Program 18th – 22nd September, 17

Monday 18th September 2017

WEEK 1

9am-10am	Icebreakers	Super fun way to meet new friends.
10am-12pm	Balloon pop	Last one standing with their balloon wins.
12pm-1pm	Lunch	Come and join us for some yummy lunch.
1pm-2pm	Art stick mural	Design your stick and be part of our mural.
2pm-3pm	Bulrush	Let's get warmed up for the circus with a game of bulrush.
3pm-5pm	Circus Time	Join Kerbside Circus and have fun learning to juggle, hula-hoop and build human pyramids.

Tuesday 19th September 2017

9am-10am	Charades	Time to get your mime on.
10am-11am	Bingo	Treasure hunt bingo.
11am-12pm	Break Dancing	Cream Team Studio are here to show some moves.
12pm-1pm	Lunch	Come and join your friends for some yummy lunch.
1pm-2:30pm	Arts and Craft	Monster rocks and polymer clay canes.
2:30-5pm	Old school games	Hop Scotch, skipping, basketball and many more.

Wednesday 20th September 2017

9am-10am	Throwers got Talent	Show us your talent and get a prize!
10am-12pm	Inflatables	You will need your swimmers and a change of clothes!
12pm-1pm	Lunch	Come and have some yummy lunch with your friends
1pm-3pm	Inflatables	Time to ride the slide!
3pm-5pm	Movie	Popcorn time

Thursday 21st September 2017

9am-10pm	Balloon Pop	Last one standing with a whole balloon wins.
10am-12pm	Cooking	Get your Master Chef on.
12pm-1pm	Lunch	Eat what you cook or bring your favourite lunch
1pm-3pm	Tugun Gardens	Join the team at Tugun Gardens for some fun
3pm-5pm	Tie Dye/Water fight	Let's finish the day with colourful cool fun

Friday 22nd September 2017

9am-10am	Oz Tag	Blue v's Red
10am-12pm	Art and Craft	Lolly Leis and crayon art
12pm-1pm	Lunch	Come and join us for some yummy lunch
1pm-2pm	Knock em down	Knock the bottles down with some strange objects!
2pm-3pm	Water bomb time	Make some homemade water bombs and have some fun
3pm-5pm	Swimming	Lets end the week with a nice swim ★

★ Registrations can be completed on any first day that your young person arrives

★ Indicates activity has limited spaces - booking is essential.



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mission
QUEENSLAND

Thrower House is located at Salk Oval, Thrower Drive, Palm Beach.

All activities are designed for young people 12-17 years and all activities are free!

For information: **email** throwerhouse@goldcoast.qld.gov.au or **text/phone** 0408 734 061

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Thrower House

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School Holiday Program 25th– 29th September 17

Monday 25th September 2017

9am-10am	Trivia Time	Who can get all the answers
10am-12pm	Arts and Craft	Get crafty with Sand art
12pm-1pm	Lunch	Come and Join us for Lunch in the park
1pm-2pm	Handball	Let's see who is King of the squares
2pm- 5pm	Pool Time	End a great day with a splash ★

Tuesday 26th September 2017

9am-10am	Skipping comp	Jump in time with the rope
10am-12pm	Tugun Gardens	Have fun with Tugun gardening ladies
12pm-1pm	Lunch	Come and Join us for Lunch in the park
1pm-2pm	Tie dying	Colour your world
2pm-4pm	Circus Skills	Join Kerbside Circus and have fun learning to juggle Hula hoop and build human pyramids
4pm-5pm	Fun Games	Best games ever

Wednesday 27th September 2017

9am-11am	Inflatable's	Have fun on the giant Jousting Inflatable
11am-12pm	Oz Tag	Which team will win Blue or Red
12pm-1pm	Lunch	Come and Join us for Lunch in the park
1pm-3pm	Inflatables	Have fun on the giant Jousting Inflatable
3pm-5pm	Movies	Kick back and chill with popcorn and a movie

Thursday 28th September 2017

9am-10am	Doge Ball	Who will be the last man standing
10am-12pm	Cooking	Cook up a storm
12pm-1pm	Lunch	Come and Join us for Lunch in the park
1pm-3 pm	Skateboarding	Learn new tricks with Flavio
3pm-5 pm	Pool/Ping pong	Best player wins

Friday 29th September 2017

9am-10am	Basketball	Around the world Thrower style
10am-11am	Muay Thai	Train with Marcus from heart start fitness
11am- 12 pm	Arts and craft	Let's get art and crafty
12pm-1pm	Lunch	Come and Join us for Lunch in the park
1pm-2pm	Guess who	Can you guess the famous star
2pm-5pm	Swimming	Great way to end our holiday program ★

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