## School Holiday Program

#### 12-16 December 2016

Monday 12 D	ecember 2016	WEEK 1		
9am-10am	Ice Breakers	Get to know each other with a few fun games		
10am-12pm	Paddle Boarding	Relax and cruise Currumbin creek in our Paddle Board session *		
12pm-1pm	Lunch	Picnic in the park		
1pm-3pm	Old school games	Have you got the skills to play these games?		
3pm-5pm	Movie Maddness	Chill out with a cool flick and movie snacks with your mates		
Tuesday 13 D	December 2016			
9am-10am	Basket Ball Shootout	Slam-Dunk it like Michael Jorden		
10am-12pm	Food Quiz	Tantalize your taste buds and guess that taste		
12pm-1pm	Lunch	Picnic in the park		
1pm-2pm	Obstacle Course	Which team can tough it out and take it out?		
2pm-5pm	Swimming	Inflatable pool obstacle and swimming session at the pool $\star$		
Wednesday 1	4 December 2016			
9am-11am	Inflatable's	Wacky Water Inflation session		
11am-12pm	Muay Thai	Join Marcus from Heart Smart for a heart pumping Muay Thai Session		
12pm-1pm	Lunch	Picnic in the park		
1pm-2pm	Dance off	Get your groove on and show us your moves		
2pm-5pm	Inflatable's	Wacky Water Inflation session		
Thursday 15	December 2016			
9am-10am	Plates and Planes	How to fly a plane		
10am-12pm	Art Attack	Making Chrissy decos		
12pm-1pm	Lunch	Picnic in the park		
1pm-2pm	Fitness Time	Let's get fit with Gecko sport		
2pm-3pm	Deck the halls of Thrower	Thrower's about to get festive		
3pm-5pm	Movie Madness	Chill out with a cool flick and movie snacks with your mates		
Friday 16 December 2016				
9am-10am	Dodge Ball	Dodge the ball to win		
10am-12pm	Clever Cooks	Don't miss our amazeballs cooking session, YUMMO!		
12pm-1pm	Lunch	Picnic in the park		
1pm-2pm	Memory Game	How good is your memory?		
2pm-5pm	Swimming	Inflatable pool obstacle and swimming session at the pool $\star$		

**Thrower House** is located at Salk Oval, Thrower Drive, Palm Beach For information: **email** throwerhouse@goldcoast.qld.gov.au or **text/phone** 0408 734 061

All activities are free and designed youth aged from 12 to 17 years of age. Join us on any day by simply completing a registration form on arrival.



★ Indicates activity has limited spaces - booking is essential

GOLDCOAST.

#### School Holiday Program 19-23 December 2016

Manufact 40 D		
	ecember 2016	WEEK 2
9am-10am	Baseball	Let's smash out some home runs!
10am-12pm	Paddle Boarding	Relax and cruise Currumbin creek in our Paddle Board session *
12pm-1pm	Lunch	Picnic in the park
1pm-3pm	Tugan Community Garden	What's in store today? Are we cooking, creating or making? Let's find out
3pm-5pm	Movie Madness	Chill out with a cool flick and movie snacks with your mates
Tuesday 20 D	December 2016	
9am-10am	Ultimate Frisbee Throw	How well can you Frisbee throw through these challenges?
10am-12pm	Creative Cooking	Join our delicious cooking session, YUMMO!
12pm-1pm	Lunch	Picnic in the Park
1pm-2pm	Game-a-thon	Board game challenge
2pm-5pm	Swimming	Inflatable pool obstacle and swimming session at the pool
Wednesday 2	21 December 2016	
9am-10am	Hoopsta	Funky fun games with hoops
10am-11am	Quiz off	Beat the buzzer!
11am-12pm	Muay Thai	Join Marcus from Heart Smart for a heart pumping Muay Thai Session
12pm-1pm	Lunch	Picnic in the park
1pm-3pm	Lolly-love	Get creative with your sweets
3pm-5pm	Movie Madness	Chill out with a cool flick and movie snacks with your mates
Thursday 22	December 2016	
9am-10am	Balloon bust	Balloon bust will keep you on your toes!
10am-12pm	Art Attack	Creative Christmas gifts
12pm-1pm	Lunch	Picnic in the park
1pm-2pm	Fitness Time	Get your blood pumping in this fitness session with Gecko sport
2pm-5pm	Swimming	Inflatable pool obstacle and swimming session at the pool *
Friday 23 Dec	cember 2016	
9am-10am	Red Rover with a twist	Dare you to call me over!
10am-12pm	Elimination Games	Who can stay in the longest?
12pm-1pm	Lunch	Picnic in the park
1pm-2pm	Treasure Hunt	Find our hidden treasures
2pm-5pm	Christmas Party	Sing and dance the afternoon away at our break up Christmas celebration
		Thrower House is located at Salk Oval, Thrower Drive, Palm Beach

For information: email throwerhouse@goldcoast.qld.gov.au or text/phone 0408 734 061

All activities are free and designed youth aged from 12 to 17 years of age. Join us on any day by simply completing a registration form on arrival.



★ Indicates activity has limited spaces - booking is essential



**GOLDCOAST.** 

All

activities are free!

#### School Holiday Program 9-12 January 2017

All

activities are free!

9am-10am Ice Breakers New year new friends   10am-11am Chocolate game Come and play the famous chocolate game   11am-12pm Arts and Craft Let's get crafty with the sand art   12pm-1pm Lunch Join us for a yummy lunch in the park   1pm-2pm Uttimate Frisbee Time for a team challenge!   2pm-5pm Water Attack Let's cool down this afternoon with a water Attack   Date: Tuesday 10 <sup>th</sup> January 2017   9am-10am Oz Tag What's in store today? Are we cooking, creating or making? Let's find out   10am-12pm Tugun Community Gardens What's in store today? Are we cooking, creating or making? Let's find out   12pm-1pm Lunch Join us in the park for lunch   1pm-2pm Tigu Dyce Time to get creative and messy, bring something white!   2pm-4pm Water Attack Let's cool down with water attack   4pm-5pm Olympic Games Prep Show us your moves ready for the Youth Olympic Games!   Date: Wednesday 11 <sup>th</sup> January 2017 9am-12pm Water Inflatables Slip and Slide through your day!   12pm-1pm Lunch Join us in the park for a yummy lunch 1pm-3pm Science Experiments   10am-12pm	Date: Monda	ay 9 <sup>th</sup> January 2017	WEEK 3		
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Afternoon to chill with a drink and some popcorn whilst	12pm-1pm	lunch	Join us for lunch in the park		
	1pm-3pm	Skateboarding	, , , , , , , , , , , , , , , , , , , ,		
	3pm-5pm	Movie			

Thrower House is located at Salk Oval, Thrower Drive, Palm Beach For information: email throwerhouse@goldcoast.qld.gov.au or text/phone 0408 734 061

All activities are free and designed youth aged from 12 to 17 years of age. Join us on any day by simply completing a registration form on arrival.



★ Indicates activity has limited spaces - booking is essential



### **School Holiday Program**

#### 16-20 January 2017

Date: Mond	ay 16 <sup>th</sup> January 2017	WEEK 4	
9am- 10am	Softball	Batter up who's the first swing?!	
10am-12pm	Paddle Boarding	Time to paddle along the Currumbin Creek	
12pm-1pm	Lunch	Join us for a yummy lunch in the park	
1pm-2pm	Mystery Box	What's inside?!	
2pm-3pm	Olympic Dance Prep	Let's sort these moves out!	
4pm-5pm	Arts and Crafts	Put your creative hats on	
Date: Tuesda	ay 17 <sup>th</sup> January 2017		
9am-10am	Basketball Shootout	Slam and Dunk into that hoop	
10am-12pm	Tugun Community Gardens	What's in store today? Are we cooking, creating or making?	
12pm-1pm	Lunch	Join us in the park for lunch	
1pm-2pm	Olympic Prep	Last few days to get our moves together	
2pm-5pm	Swimming	Swim with the inflatables	
Date: Wedne	esday 18 <sup>th</sup> January 2017		
9am-12pm	Water Inflatables	Jousting time	
12pm-1pm	Lunch	Join us in the park for a yummy lunch	
1pm-3pm	Water Inflatables	Jousting time finals	
3pm-5pm	Movie Time	Time to chill after a water filled morning with some popcorn	
Date: Thurs	Date: Thursday 19 <sup>th</sup> January 2017		
9am-5pm	Olympics Day has arrived!	Thrower House Youth team are pumped and ready to go to on other hubs ! Teams will be selected prior to this date. Get your names down quick!	
		Part of this day will be in a swimming pool. Please bring your swimmers (togs	
	Let's win back the trophy!	This is an offsite excursion. The coach will pick us up and drop us back to the centre	
		We will be leaving at 9.30am, therefore Thrower House will be closed for the day ★	
Date: Friday	20 <sup>th</sup> January 2017 –	Chinese New Year Themed Day	
9am-12pm	Chinese themed Arts and Crafts	Time for you to get creative and dive into China's New Year.	
12pm-1pm	Lunch	Join us in the park for some lunch	
1pm-3pm	Cooking/ Taste Testing	Let's have a go at cooking some Chinese dishes and then taste them!	
3pm-5pm	Party	Party time with snacks and music	
		Thrower House is located at Salk Oval. Thrower Drive. Palm Beach	

**Thrower House** is located at Salk Oval, Thrower Drive, Palm Beach For information: **email** throwerhouse@goldcoast.qld.gov.au or **text/phone** 0408 734 061

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All activities are **free**!