Thrower House



School Holiday Program 21-25 September 2015

9am-10am Registrations Come along to register for two great weeks of fun 9am-10am lee breakers Get to know your new friends 10am-11am Chocolate game Come and play the famous chocolate game 11am-12pm Arts and craft Let's see what you can do with nail polish 12pm-1pm Lunch Join us for a yummy lunch in the park 1pm-2pm Softball Softball with a difference 2pm-3pm Pictionary Can you guess the picture? 3pm-5pm Pool time Whooo hoo pool time ★ Tuesday 22 September 9am-10am Handball Who is Thrower's handball King or Queen? 10am-12pm Inflatable Have some fun on the best inflatable around 12pm-1pm Lunch Join us for a yummy lunch in the park 1pm-2pm Muay Thai Learn some new skills with Marcus from Heart Smart Fitness 2pm-3pm Ellimination game Who will be the last one standing? 3pm-5pm Inflatable Learn some new skills with Marcus from Heart Smart Fitness 4pm-3pm Field games Fun games on the field 1pm-4pm Lu	Monday 21 S	eptember	WEEK 1
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	1pm-2pm	Soccer	Who has the best soccer moves?
3pm-5pm Pool time Finish the first week off with a splash ★	2pm-3pm	Games with a challenge	You will have fun with these games!
	3pm-5pm	Pool time	Finish the first week off with a splash ★



★ Indicates activity has limited spaces - booking is essential.

Thrower House is located at **Salk Oval, Thrower Drive, Palm Beach**All activities are designed for young people 12-17 years and all activities are free!

For information: **email:** throwerhouse@goldcoast.qld.gov.au or **text / phone:** 0408 734 061

Thrower House



School Holiday Program

28 September – 2 October 2015

Monday 28 S	eptember	WEEK 2
9am-10am	Softball competition	Join in for the softball competition!!
10am-11am	Chocolate game	Let's go! Time for some yummy chocolate
11am-12pm	Bingo	As the Bingo callers say "66 Clickety Click"
12pm-1pm	Lunch	Come and join us for a yummy lunch in the park
1pm-2pm	Limbo	How low can you go?
2pm-3pm	Thrower's got talent	Show us what you can do
3pm-5pm	Pool time	Let's make a splash ★
Tuesday 29	September	
9am-10am	Touch football	Who can get to the touch line first?
10am-11am	Lip sync	Let's see your talent!
11am-12pm	Food quiz	Who can guess the taste?
12pm-1pm	Lunch	Come and join us for a yummy lunch in the park
1pm-2pm	Muay Thai	Learn new skills with Marcus from Heart Smart Fitness
2pm-4pm	Arts and craft	Join us to make a dream catcher
4pm-5pm	Handball comp	Who's Thrower's champ?!
Wednesday :	30 September	
9am-10am	Dodgeball on the field	Who can stay in the longest?
10am-11am	Memory game	Can you remember what was in front of you?
11am-12pm	Trivia time	Who knows their trivia?
12pm-1pm	Lunch	Come and join us for a yummy lunch in the park
1pm-3pm	Horror make up skills	Join in for a horror make up workshop with Cathy Booth ★
3pm-4pm	Old school games	Old school games rock!
4pm-5pm	Basketball shoot out	Who can shoot the most goals?
Thursday 1 (October	
9am-11am	Goat Track	Join the gang from Goat Track Theatre for a fun workshop
11am -12pm	Field games	Let's have a quick muck about in the park
12pm-1pm	Lunch	Come and join us for a yummy lunch in the park
1pm-3pm	Skateboarding	Flavio time ★
3pm-5pm	Arts and craft	Let's get crafty
Friday 2 Oct	ober	
9am-10am	Stuck in the mud	Who can get out of the mud?
10am-12pm	My kitchen rules	Join us for cooking creations ★
12pm-1pm	Lunch	Come and join us for a yummy lunch in the park
1pm-2pm	Games with a difference	Try your hand at these funny games
2pm-3pm	Fashion parade	Let's dress up for a stylish parade!
3pm-5pm	Pool time	End the holidays with a splash ★



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