



# Canteen Menu Term 1



## Breakfast Senior Canteen (from 8:00-9:00am)

<b>Brekky Burger</b>	<b>\$5.00</b>
Egg, bacon, sausage, cheese, hash brown, BBQ sauce	
<b>Brekky Burrito</b>	<b>\$3.50</b>
Bacon, egg, cheese, BBQ sauce,	
<b>Veggie Delight Wrap V</b>	<b>\$4.50</b>
Scrambled egg, baby spinach, hash brown, cheese, tomato, mushrooms & aioli mayo	
<b>Sausage &amp; Egg Muffin</b>	<b>\$3.50</b>
Sausage, egg, cheese, BBQ sauce	

## Breakfast Toasties

Ham, Cheese	<b>\$3.00</b>
Cheese & Vegemite	<b>\$3.00</b>
Cheese, tomato & onion	<b>\$3.00</b>
Vegemite & Cheese scroll	<b>\$3.00</b>
Fresh fruit salad	<b>\$3.50</b>
Vanilla yogurt fruit & granola	<b>\$3.50</b>

## Everyday Hot Food

Meat Pie – low fat	<b>\$4.00</b>
Potato Pie – Low fat	<b>\$4.50</b>
Spinach & Cheese Sausage roll	<b>\$4.50</b>
Sausage Roll - low fat	<b>\$3.50</b>
Meatball Sub	<b>\$5.00</b>
Chicken Parmy Roll	<b>\$5.00</b>
Hotdog	<b>\$3.50</b>

## Homemade

Penne pasta bake (Sml/Lg)	<b>\$3.00/\$4.50</b>
Creamy pesto pasta	<b>\$5.00</b>
<b>Margherita Pizza</b>	<b>\$5.00</b>
Mozzarella cheese & Pizza sauce	

<b>Australian Pizza</b>	<b>\$5.00</b>
Diced Bacon, mozzarella cheese, BBQ sauce	

<b>Hawaiian Pizza</b>	<b>\$5.00</b>
Ham, Pineapple, cheese, Pizza Sauce	

## Burgers

<b>Cheese</b> - beef, cheese, BBQ sauce	<b>\$5.00</b>
<b>BBQ Chicken</b> - Chicken, cheese, BBQ Sauce	<b>\$5.50</b>
<b>Veggie Burger</b>	<b>\$6.00</b>
Veggie Pattie, lettuce, tomato, cheese, mayo & sweet chilli sauce	

## Sushi

Chicken/tuna/avocado <b>VGF</b> (Sml/Twn)	<b>\$3.80/\$6.30</b>
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## Herb & Garlic Focaccia (Fresh or Toasted)

<b>Chicken, Cheese &amp; Avocado</b>	<b>\$6.30</b>
Fresh Chicken, cheese, avocado, baby spinach, aioli	
<b>Vegan Focaccia VG</b>	<b>\$6.20</b>
Roasted vegetable, vegan mayo, vegan cheese	

## Weekly Specials

### Monday

<b>Sushi bowl</b>	<b>\$6.00</b>
Karrage Chicken/ Tuna/ Avocado <b>GFVG</b> Rice, cucumber, diced tomato, lettuce, carrot, edamame, pickled ginger & Japanese Mayo	

### Tuesday

<b>Chicken Gyros</b>	<b>\$6.00</b>
Marinated chicken, flat bread, lettuce, tomato, onion, tzatziki sauce	
<b>Pesto Chicken &amp; Cheese Wrap</b>	<b>\$6.00</b>
Creamy pesto chicken, baby spinach, tomato, onion, parmesan cheese	

<b>Veggie Wrap V</b>	<b>\$6.30</b>
Veggie Pattie, tomato, baby spinach, cheese onion & Peri Peri mayo	

### Wednesday

<b>Sweet &amp; Sour Chicken</b>	<b>\$6.00</b>
Chicken, capsicum, onion, carrot, pineapple with steamed rice	

<b>Vegetable Mexican Fried Rice V/GF</b>	<b>\$6.00</b>
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<b>Sticky Hoisin Pulled Pork &amp; Slaw Burger</b>	<b>\$6.30</b>
Marinated Pork, coleslaw on a brioche bun	

### Thursday

<b>Steamed Bao Bun</b>	<b>\$6.30</b>
Pulled Pork/ Karaage Chicken/ Vegetarian option	

### Friday

<b>Burrito</b>	<b>\$6.30</b>
Beef / Chicken, beans, corn, rice, salsa, cheese	

<b>Meat Free Burrito</b>	<b>\$6.00</b>
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<b>Chicken Burrito Bowl</b>	<b>\$6.50</b>
Mexican Chicken, bean, rice, tomato, corn, spring onion, salsa, cheese, & sour cream	

## Sandwiches & Wraps

Ham & cheese	<b>\$4.00</b>
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Cheese & salad	<b>\$5.00</b>
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Ham, cheese & tomato	<b>\$4.50</b>
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Ham & salad	<b>\$5.00</b>
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Chicken & salad	<b>\$6.00</b>
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Egg, lettuce & mayo	<b>\$4.50</b>
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Curried egg	<b>\$4.00</b>
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Chicken & mayo	<b>\$5.00</b>
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Chicken, baby spinach, mayo	<b>\$5.50</b>
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<b>Snack Wrap</b> , chicken, tomato, lettuce, mayo	<b>\$5.00</b>
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<b>Crispy Chicken Wrap</b>	<b>\$5.00</b>
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Chicken tender, lettuce, tomato & PBC sauce	
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<b>Sweet chilli chicken</b>	<b>\$5.00</b>
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Sweet chilli chicken tender, lettuce, tomato, mayo & sweet chilli sauce	
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<b>Chicken Caesar Wrap</b>	<b>\$6.00</b>
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Chicken, lettuce, bacon, parmesan, egg, Caesar dressing	
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<b>Chicken Peri Peri Wrap</b>	<b>\$6.00</b>
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Chicken, lettuce, tomato, cucumber, carrot, red onion & Peri Peri mayo	
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<b>Cheese Salad Wrap</b>	<b>\$6.00</b>
Cheese, lettuce, tomato, cucumber, carrot, onion, Peri Peri mayo	

## Salads

<b>Chicken Caesar</b>	<b>\$6.20</b>
Chicken, egg, bacon, parmesan cheese, lettuce with Caesar dressing	

<b>Chicken Peri Peri</b>	<b>\$6.20</b>
Chicken, lettuce, tomato, cucumber, carrot, red onion with Peri Peri mayo	

<b>Garden Salad VVG</b>	<b>\$6.20</b>
Lettuce, tomato, cucumber, carrot, onion, avocado, cheese & French dressing	

<b>Vegan Cheese Extra</b>	<b>\$0.50</b>
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## Vegan VG (Must Pre order)

Vegan Wrap – Plant base pattie, lettuce, tomato, vegan cheese, vegan mayo	<b>\$5.00</b>
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Vegan Meat Pie	<b>\$5.00</b>
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Vegan Sausage roll	<b>\$4.50</b>
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## Gluten Free GF (Must Pre order)

<b>Cheese burger</b> -Beef pattie, cheese, BBQ sauce	<b>\$6.00</b>
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<b>Chicken burger</b> with cheese	<b>\$6.00</b>
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## Snacks

Cheese & Crackers	<b>\$3.20</b>
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Fresh fruit salad tub	<b>\$3.50</b>
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2 x Boiled Eggs	<b>\$3.50</b>
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Vanilla yohgurt, fruit & granola	<b>\$3.50</b>
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Assorted muffins baked daily	<b>\$2.00</b>
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## Ice blocks

<b>Bulla Frozen Yoghurt</b> - Strawberry or Mango	<b>\$4.00</b>
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<b>Billabong</b> - Rainbow, Chocolate	<b>\$2.00</b>
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<b>Icey Twist</b> - Lemonade	<b>\$2.00</b>
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<b>Calippo</b>	<b>\$1.50</b>
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<b>Frozen Fruit Cup</b>	<b>\$1.00</b>
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Apple, orange, Apple & Blackcurrant	
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<b>Milo Cup</b>	<b>\$3.50</b>
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<b>Everest Ice Cream</b>	<b>\$3.00</b>
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Vanilla, Mint, Chocolate, Vegan Vanilla <b>VG</b>	
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## Drinks

Milk 300ml (Chocolate, Strawberry, Iced Coffee)	<b>\$3.00</b>
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Milk Full Cream 500ml	<b>\$3.00</b>
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Milk 500ml (Real Chocolate)	<b>\$4.00</b>
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Popper	<b>\$2.00</b>
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Aleo Vera (3 flavours)	<b>\$4.00</b>
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Water (600ml / 1L)	<b>\$2.00/\$3.00</b>
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Bundaberg Juice (Orange/Apple/ABC/Pineapple)	<b>\$4.00</b>
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Oak Protein Plus Milk	<b>\$4.50</b>
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Slushi 99% Fruit Juice	<b>\$2.50</b>
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# Canteen Menu Term 1



## Junior Canteen Staff Café (I Block)

**ONLY open Monday & Friday**  
**Hours: 7:30am to 8:30am**

### Drinks

Flat White, Cappuccino, Latte, Long black, Mocha	12oz \$4.00 / 16oz \$5.00 12 oz Keeper cup \$3.50
Chai Latte	12oz \$4.00/16oz \$5.00
<b>NEW!!</b> Ice Frappe Cappuccino	\$5.00
<b>Extra</b> Almond Milk/Soya Milk/ Oat Milk/ Lactose free	\$0.80
Syrups – Vanilla or Caramel	\$0.30

**Breakfast is Available for staff**



## Senior Canteen Coffee Machine (F Block)

**Monday to Friday**  
**Hours 8:00am to 1:15pm**

### Drinks

Flat White, Cappuccino, Latte, Long Hot Chocolate	\$3.00
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**Coffee can only be purchased by  
Senior Students / Staff / Parents**



## Hospitality Students' Café (I Block – Trade Training Centre)

**Open on Tuesday, Wednesday, Thursday**  
**Hours 7:30am- 8:50am**

**Staff Breakfast is Available**

## Palm Beach Currumbin High School Canteen

**Open Monday to Friday**

**Breakfast 8:00am to 9:00am**  
**(at F Block Senior Canteen)**

**First lunch 11.30am-12.10pm**

**Second lunch 1:20pm – 1:50pm**

**Payment methods is cash or card**

**No over the phone orders or payments**

**Gluten Free & Vegan are available by request**

**Pre order can be taken before school**  
**please ask one of our friendly staff**

**All food is freshly made daily**

**V – Vegetarian**

**GF - Gluten Free**

**VG – Vegan**