

TRACK & FIELD EVENTS TIMETABLE

Thursday 28 July 2022

TIME	EVENT
9.15am-10.05am (50 mins)	15 Javelin (Boys & Girls) yr 10's only 16 Triple Jump (Boys & Girls) 17/OPEN Discus (Boys & Girls)
10.05am-10.55am (50 mins)	17/OPEN Javelin (Boys & Girls) 15 Triple Jump (Boys & Girls) yr 10's only 16 Discus (Boys & Girls)
10.55am-11.45am (50 mins)	16 Javelin (Boys & Girls) 17/OPEN Triple Jump (Boys & Girls) 15 Discus (Boys & Girls) yr 10's only

TIME	EVENT
12.15pm-1.10pm (55 mins)	14/15 Javelin (Boys & Girls) yr 9's only for 15's 13 Triple Jump (Boys & Girls) 12 Discus (Boys & Girls)
1.10pm-2.05pm (55 mins)	12 Javelin (Boys & Girls) 14/15 Triple Jump (Boys & Girls) yr 9's only for 15's 13 Discus (Boys & Girls)
2.05pm-3.00pm (55 mins)	13 Javelin (Boys & Girls) 12 Triple Jump (Boys & Girls) 14/15 Discus (Boys & Girls) yr 9's only for 15's

Key Information

You **MUST** sign up (S block/Oval) for these events to be released from your lessons

**** deadline for sign up – Wednesday 27th July****

12 yrs 2010 born

13 yrs 2009 born

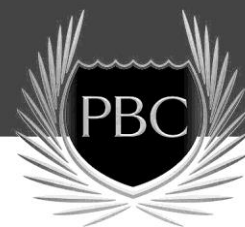
14yrs 2008 born

15 yrs 2007 born

16 yrs 2006 born

OPEN 2005/2004 born

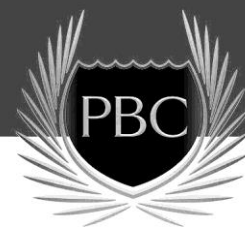
****please compete in the correct age group****



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FIELD EVENTS	TIME	SPRINT HURDLES	ALL AGES	Key Information
12'S (2010)	7.30am	800M	12 GIRLS	<p>marshal for all events 10 minutes before the start of the race</p> <p>12 yrs 2010 born</p> <p>13 yrs 2009 born</p> <p>14yrs 2008 born</p> <p>15 yrs 2007 born</p> <p>16 yrs 2006 born</p> <p>OPEN 2005/2004 born</p> <p>**please compete in the correct age group**</p> <p>** This timetable is subject to change on the day** races/age groups may be joined together</p>
HIGH JUMP - 9.30am	9.30am	800M	12 BOYS	
LONG JUMP -11.00am	9.34am	800M	13 GIRLS	
SHOT PUT - 12.45pm	9.38am	800M	13 BOYS	
13'S (2009)	9.42am	800M	14 GIRLS	
HIGH JUMP - 10.15am	9.46am	800M	14 BOYS	
LONG JUMP -11.45am	9.50am	800M	15 GIRLS	
SHOT PUT - 1.30pm	9.54am	800M	15 BOYS	
14'S (2008)	9.58am	800M	16/OPEN GIRLS	
HIGH JUMP - 11.00am	10.02am	800M	16 BOYS	
LONG JUMP -12.45pm	10.06am	800M	OPEN BOYS	
SHOT PUT - 9.30am	10.10am	800M	12 GIRLS	
HIGH JUMP - 11.00am	10.25am	100M	12 BOYS	
LONG JUMP -12.45pm	10.30am	100M	13 GIRLS	
SHOT PUT - 11.00am	10.35am	100M	13 BOYS	
15'S (2007)	10.40am	100M	14 GIRLS	
HIGH JUMP - 11.00am	10.45am	100M	14 BOYS	
LONG JUMP -1.30pm	10.50am	100M	15 GIRLS	
SHOT PUT - 10.15am	10.55am	100M	15 BOYS	
HIGH JUMP - 11.45am	11.00am	100M	16 GIRLS	
LONG JUMP -1.30pm	11.05am	100M	16 BOYS	
16'S (2006)	11.10am	100M	OPEN GIRLS	
HIGH JUMP - 12.45pm	11.15am	100M	OPEN BOYS	
LONG JUMP -9.30am	11.20am	100M	13 GIRLS	
SHOT PUT - 11.00am	11.35pm	400M	13 BOYS	
HIGH JUMP - 12.45pm	11.40pm	400M	14 GIRLS	
LONG JUMP -10.15am	11.45pm	400M	14 BOYS	
SHOT PUT - 11.45am	11.50pm	400M	15 GIRLS	
HIGH JUMP - 1.30pm	11.55pm	400M	15 BOYS	
OPEN (2004/05)	12.00pm	400M	16/OPEN GIRLS	
LONG JUMP -10.15am	12.05pm	400M	16 BOYS	
SHOT PUT - 11.45am	12.10pm	400M	OPEN BOYS	
HIGH JUMP - 1.30pm	12.15am	400M	12 GIRLS	
	12.20pm	200M	12 BOYS	
	12.25pm	200M	13 GIRLS	
	12.30pm	200M	13 BOYS	
	12.35pm	200M	14 GIRLS	
	12.40pm	200M	14 BOYS	
	12.45pm	200M	15 GIRLS	
	12.50pm	200M	15 BOYS	
	12.55pm	200M	16 GIRLS	
	1.00pm	200M	16 BOYS	
	1.05pm	200M	OPEN GIRLS	
	1.10pm	200M	OPEN BOYS	
	1.15pm	200M		



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100m FINALS

1.25pm	100M FINAL	12 GIRLS
1.30pm	100M FINAL	12 BOYS
1.35pm	100M FINAL	13 GIRLS
1.40pm	100M FINAL	13 BOYS
1.45pm	100M FINAL	14 GIRLS
1.50pm	100M FINAL	14 BOYS
1.55pm	100M FINAL	15 GIRLS
2.00pm	100M FINAL	15 BOYS
2.05pm	100M FINAL	16 GIRLS
2.10pm	100M FINAL	16 BOYS
2.15pm	100M FINAL	OPEN GIRLS
2.20pm	100M FINAL	OPEN BOYS

2.30pm

RELAYS

12/13 BOYS & GIRLS (1 competitive team per house) – (4 x non scoring teams)

14/15 BOYS & GIRLS (1 competitive team per house) - (4 x non scoring teams)

16/OPEN BOYS & GIRLS (1 competitive team per house) - (4 x non scoring teams)

2.45pm 100m GIFT RACE – 100m winners to race against each other

2.55pm **RAFFLE & PRESENTATION**