

## Junior Secondary Guidance Officer – Anna Willis

## The GN Podcast with Andrew Fuller: Suicide Bereavement

https://www.generationnext.com.au/2021/07/the-gn-podcast-with-andrew-fuller-suicidebereavement/

In this episode:

- How young people are affected by suicide.
- Practical advice on when and how to talk about this issue with young people.
- Grief what's normal, what's not.

Host: Andrew Fuller, Clinical Psychologist and Family Therapist, Speaker and Creator of Learning Strengths

Guest: Monique Broadbent, Support Leader; Standby – Support After Suicide, Brisbane

Total time: 20 mins

Here are some practical resources on helping young people deal with suicide:

- <u>Conversations Matter Website Factsheets</u>
- Headspace Schools
- <u>Standby Website</u>

Support available:

- <u>Lifeline</u>: 13 11 14
- <u>Standby Support</u>: 1300 727 247
- <u>Headspace</u>: 1800 650 890



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