

Junior Secondary Guidance Officer – Anna Willis

The GN Podcast with Andrew Fuller: Suicide Bereavement

In this episode: <u>https://www.generationnext.com.au/2021/07/the-gn-podcast-with-andrew-fuller-suicide-bereavement/</u>

- How young people are affected by suicide
- Practical advice on when and how to talk about this issue with young people
- Grief what's normal, what's not

Host: Andrew Fuller, Clinical Psychologist and Family Therapist, Speaker and Creator of Learning Strengths

Guest: Monique Broadbent, Support Leader; Standby – Support After Suicide, Brisbane

Total time: 19 mins

Here are some practical resources on helping young people deal with suicide:

- Conversations Matter Website Factsheets: <u>conversationsmatter.com.au/community-</u> resources
- Headspace Schools: <u>headspace.org.au/schools/headspace-schools/</u>
- Standby Website: standbysupport.com.au

Support available:

- Lifeline: 13 11 14
- Standby Support: 1300 727 247
- Headspace: 1800 650 890

