



Breakfast from 8:00-9:00am

Brekky Burrito – Bacon, egg, cheese, BBQ sauce, toasted	\$3.50
Veggie Delight Wrap – egg, baby spinach, mushroom, cheese, tomato & aioli	\$4.50
PBC McMuffin – Bacon, egg, cheese, BBQ sauce	\$4.00
Omelette (Thur, Fri Only) *Cheese, mushroom & baby spinach *Ham & cheese	\$4.50
Cheese toastie	\$3.00
Cheese, tomato toastie	\$3.00
Ham, cheese, tomato toastie	\$4.50
Chicken, baby spinach, mayo toastie	\$5.00
Fresh fruit salad	\$3.50
Banana bread full	\$3.00
Fruit muffins	\$2.00
Savory veggie cheese loaf	\$2.00
Vanilla yogurt fruit & granola	\$3.50
Overnight Oats (Tues, Wed only) *Mango & Coconut * Berry Delight	\$3.50
Fresh Fruit Smoothies (Dairy Free) *Berry blast * Green Smoothie * Sweet Sunrise	\$4.50

Weekly Specials

Monday	
Chicken Pad Thai	\$5.50
San Choy Bow	\$5.50
Tuesday	
Butter Chicken, Rice	\$5.50
Thai Beef Salad	\$5.50
Wednesday	
Teriyaki Chicken Noodle bowl	\$5.50
Pizza *Margherita *Hawaiian *Pepperoni	\$4.50
Thursday	
Steamed Boa Bun *Pork * Karaage Chicken * Vegan option	\$5.50
Friday	
Big Burger	\$6.00
Hawaiian Chicken Burger – Flame Grilled chicken pattie, grilled pineapple, lettuce, tomato, cheese, mayo & BBQ sauce	
Flame Grilled Burger – Flame grilled Chicken Pattie, lettuce, tomato cheese & PBC secret sauce	
PBC Ultimate MAC - beef, bacon, beetroot, onion, tomato, lettuce, cheese & PBC Secret Sauce	

Sushi & Rice Paper Rolls

Chicken / tuna / avocado (Sml/Twin)	\$3.00/\$5.00
Rice Paper Rolls (Wed, Thurs only) Chicken / Avocado	\$5.00
Poke Bowls (Wed/Thu only) Chicken, tuna, avocado, rice, carrot, cucumber, edamame, nori, ginger, mayo	\$5.00

Summer Salads

Chicken Caesar - chicken, egg, bacon, Parmesan cheese, lettuce	\$6.00
Pesto Pasta Salad –pasta, pesto, baby spinach, red onion	\$5.50
Sweet Chilli Chicken Tub – lettuce, tomato cucumber, carrot, red onion, with sweet chilli dressing	\$5.50
Potato Salad - potato, bacon, spring onion, egg & mayo	\$5.50
Sweet Potato Salad – roasted sweet potato, black bean, spring onion, capsicum, corn with a vegan mustard dressing	\$5.50

Sandwiches & Wraps

Ham, cheese & tomato	\$4.50
Cheese & salad	\$5.00
Ham & full Salad	\$5.00
Chicken & full Salad	\$5.50
Egg, lettuce & mayo	\$4.50
Curry egg	\$4.00
Chicken & mayo	\$4.50
Chicken, baby spinach, mayo wrap	\$5.00
Snack Wrap – chicken, tomato, lettuce, & mayo wrap	\$4.50
Sweet Chilli Chicken Wrap – chicken tender, tomato, lettuce, mayo & sweet chilli sauce wrap	\$4.50
Avocado Salad wrap – avo, tomato, lettuce, carrot, cucumber, red onion & vegan aioli	\$5.50
Chicken Caesar Wrap – chicken, lettuce, bacon, Parmesan cheese, egg & Caesar dressing	\$6.00
Vegan Delight - roasted pumpkin, baby spinach, rocket, roasted beetroot, tomato, red onion, grilled capsicum with vegan mayo	\$6.50

Snacks

Cheese & Crackers	\$2.50
Fresh fruit salad tub	\$3.50
Watermelon tub	\$3.00
Whole Fruit – Apple, Orange, Banana (each)	\$1.00
2 x Boiled Eggs	\$3.00
Custard Tub	\$2.50
Vanilla yogurt, fruit & granola	\$3.50
Assorted muffins baked daily	\$2.00
Protein balls	\$3.50
Protein bars	\$4.00

Iceblocks

Twisted frozen – dairy free / gluten free	\$2.50
Watermelon & Mango or Strawberry & Cream (dairy free, nut free, gluten free)	
Billabong - Rainbow, Chocolate	\$2.00
Icey Pole- Lemonade or Raz	\$1.50
Calippo	\$1.00

Everyday Hot Food

Meat Pie – low fat	\$4.00
Sausage Roll - low fat	\$3.00
Cheese & spinach pastry	\$4.00
Chicken & mayo roll	\$5.00
Chicken & gravy roll	\$5.00
Homemade cheese herb & garlic bread	\$2.00
Meatball sub	\$5.00
Noodle cup – chicken or beef	\$3.00
Hotdog	\$3.00
Hotdog with cheese	\$3.50
The Big Toastie Pocket Wrap Sweet chilli chicken, baby spinach, cheese, aioli & sweet chilli sauce	\$5.50
Taco Bell , Mexican beef, tomato, onion, bean, cheese & salsa	
Baby spinach , cheese, avocado, tomato, onion & aioli	
Toasties	\$3.00

*Cheese *Cheese & Tomato *Ham & Cheese

Homemade

Penne pasta bake (Sml/Lg)	\$3.00/\$4.50
Special fried rice	\$3.00
Creamy chicken pesto pasta (Sml/Lg)	\$3.50/\$5.50
Steam pork dim sim (Wed Only)	\$4.50

Burgers

Cheese Burger – beef, cheese, BBQ sauce	\$4.50
Chicken Burger – chicken, lettuce & mayo	\$5.00
Sweet Chilli Chicken Burger – chilli chicken tender, tomato, lettuce, cheese with sweet chilli sauce	\$5.50

Hot Drinks & Smoothies

Flat white/Cappuccino/Latte (Reg/Lg)	\$4.00/\$4.50
Extras	
Syrups (vanilla, Caramel)	\$0.50
Extra Shot or Soy/ Almond / Lactose Free Milk	\$0.50
Hot chocolate	\$3.00
Chai Latte (Reg/Lg)	\$4.00/\$4.50
Iced coffee or Frappes (Reg/Lg)	\$3.50/\$4.50
Fresh Fruit Smoothies (Dairy Free)	\$4.50
*Berry blast * Green smoothie * Sweet Sunrise	

Drinks

Milk 300ml (Chocolate, Strawberry, Iced Coffee)	\$2.50
Milk Full Cream 500ml	\$3.00
Milk 500ml (Real Chocolate)	\$4.00
Nutrient Water (2 flavours)	\$4.00
Water (600ml / 1L)	\$2.00/\$3.00
Bundaberg Juice (Orange, Apple, ABC, Pineapple)	\$4.00
Emma & Tom Smoothie & Pressed Juice	\$3.80