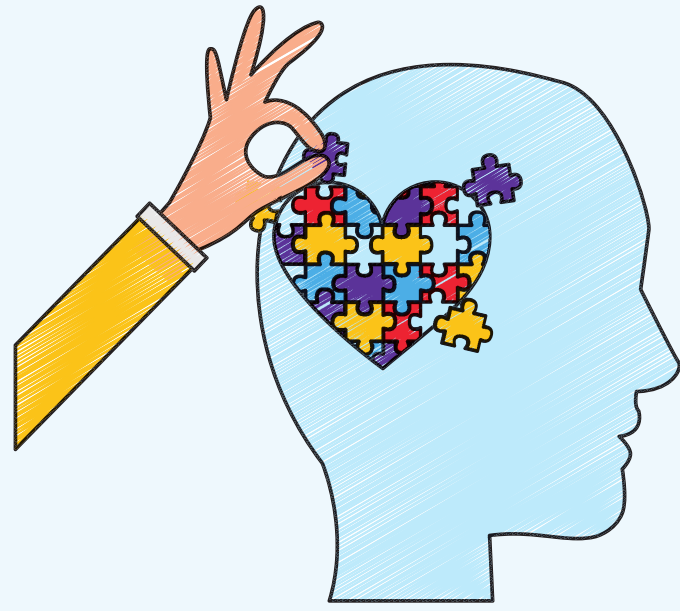
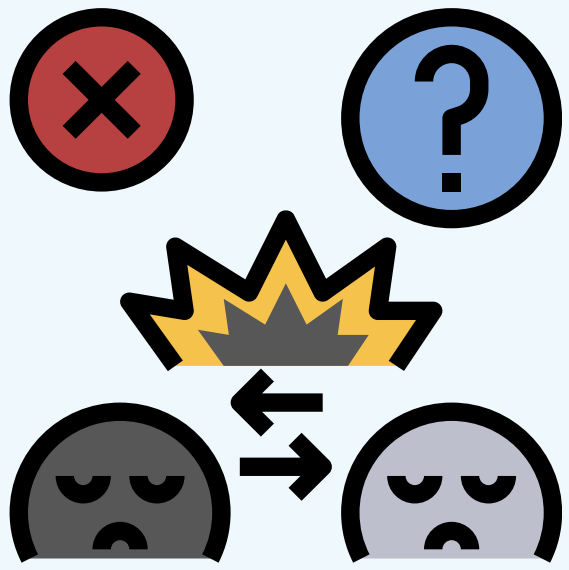


TEENHEALTH



**CONCERNED
ABOUT YOUR
TEEN?
SPEAK TO A QUALIFIED
NURSE FOR ADVICE
AND HELP**

5687 9183 Then press 5 then 2

OR sbyhnGoldCoast@health.qld.gov.au

We can support you with:

- Ongoing conflict with your teen
- Teen mental health concerns (depression, anxiety, self harm)
- How to support your teen through puberty
- How to talk to your teen about sex
- Health concerns (drugs, alcohol, mental health, unsafe behaviours, cyber safety, respectful relationships and many more!!)