Canteen Menu

Breakfast

BREAKFAST MEAL DEALS:

Brekky Burrito, hash brown, sml water/ milk	$6.00
Ham & Cheese wrap toasted hash brown, popper	$4.00

WRAPS:

Vegan Brekky Delight – baby spinach, tomato, sweet potato, caramelised onion, grilled capsicum, toasted	$5.00
Chicken & Cheese, baby spinach, grilled capsicum, tomato, mayo, toasted	$5.00
Veggie Brekky Wrap – egg, baby spinach, grilled capsicum, aioli, cheese, tomato	$4.50
Breakfast Meal Deal –	
PBC McMuffin – bacon, egg, cheese, BBQ sauce	$4.00
Brekky Burrito – bacon, egg, cheese baked in a tortilla	$3.50
Bacon & egg sandwich or English muffin	$4.00
Vegemite & cheese scroll	$2.50
Pancake with maple syrup (Tue, Wed, Thu only)	$2.00
Hash brown	$1.00
Fresh fruit salad	$2.50
Banana bread	$3.00

Lunch

HERB & GARLIC FOCACCIA	$5.50
Roasted Veggie – Pesto, baby spinach, roasted capsicum, onion, roasted pumpkin & feta	
Chicken, Avocado & Cheese with sweet Aioli	
SALAD BOWLS	
Chicken Caesar - chicken, egg, bacon, Parmesan cheese, lettuce	
Vietnamese Salad – Vietnamese noodle, red capsicum, cucumber, carrot, with a Asian dressing	$5.00
Roasted Pumpkin Salad – baby spinach, roast pumpkin, red onion, cucumber, cranberry, pepitas with Honey Mustard Dressing	$5.50
SUSHI TWIN PACK & RICE PAPER ROLLS	
Chicken / tuna / avocado (Sml/Twin)	$3.00/$5.00
SANDWICHES	
Ham, cheese and tomato	$4.50
Cheese & tomato	$4.00
Ham & cheese	$3.50
Egg & lettuce, mayo	$4.20
Cheese & Salad	$4.50
Chicken, lettuce, mayo	$5.00
BREAD ROLLS	
Ham or Chicken	$5.50
Egg & mayo	$4.00

Weekday Specials

MONDAY	
Sweet Chilli Chicken Wrap – tomato, lettuce, cheese, sweet chilli sauce	$4.50
Meatball Sub	$4.50
TUESDAY	
Chicken Wings & Steamed Rice	$5.00
Lasagne	$5.50
Soup of the Day	$5.00
WEDNESDAY	
PBC Mac – beef, lettuce, tomato, cheese and our special PBC mac sauce	$5.00
Pot luck Wednesday meal	$5.00
THURSDAY	
Chicken, Beef or Bean Burrito bowl	$5.50
Veggie frittata & salad	$5.50
FRIDAY	
Butter chicken & rice	$5.50
Sweet & sour chicken and rice	$5.50

Everyday Hot Food

Low Fat Meat Pie	$4.00
Kool Skool Sausage Roll	$3.00
Kool Skool Beef & Potato Pie	$4.00
Cheese & Spinach Roll	$4.00
Chicken Goujon	$2.00
Potato gems	$3.00
Chilli Chicken Strip	$1.50
Hot dogs	$3.00
Chicken gravy roll	$5.00
Homemade	
Penne Pasta Bake	Sml $3.00 / Lg $4.50
Special Fried Rice	$3.00
Burgers ~ *All burgers comes with our secret sauce*	
Cheese Burger	$4.50
Chicken burger - Flame Grilled Chicken – lettuce, tomato, mayo	$5.00
Veggie Burger – veggie pattie, tomato, lettuce, sweet chilli	$5.00
Toasted Wraps	
Snack Wrap – Chicken, tomato, lettuce mayo, in a tortilla	$4.50
Mediterranean Roasted Veggie Wrap – pumpkin, zucchini, onion, capsicum, baby spinach & feta	$5.50

Snacks

Ploughman pack	$5.00
Boiled egg, cheese, ham, cucumber, carrot, cherry tomato, tomato relish, mini dinner bread roll	
Cheese & Crackers	$2.50
Fresh fruit salad tub	$2.50
Watermelon tub	$2.50
Whole Fruit – Apple, Orange, Banana (each)	$1.00
Low fat Vanilla Yoghurt Tub	$1.00
Boiled Egg	$1.50
Muffin or the day (baked goods)	$2.00
Chocolate chip cookies (baked goods)	$1.00
Mousse	$2.00
Fruit & Jelly	$1.00
Chips (Honey soy/ sea salt)	$1.50

Ice blocks

Twisted frozen – dairy free / gluten free	
Watermelon & Mango or Strawberry & Cream *(Dairy free, nut free, gluten free)*	$2.50
TNT	$1.00
Paddle pop- Rainbow, chocolate	$1.50
Icey twist	$1.50
Calipo	$1.00

Hot Drinks

Flat white / Cappuccino / Latte (Reg/Lg)	$3.50 / $4.50
Hot Milo / Chai Latte / Ristretto (Reg/Lg)	$3.50 / $4.50
Hot chocolate (students $2.50)	$4.50
Long Black	$2.50
Iced Latte	$3.50
Syrups (vanilla, Caramel)	$0.50
Extra Shot or Soy/ Almond / Lactose Free Milk	$0.50

Cold Drinks

Milk 300ml (Chocolate, Strawberry, Iced Coffee)	$2.50
Milk Full Cream 500ml	$3.00
Milk 500ml (Real Chocolate)	$4.00
Up&Go (Chocolate, Strawberry, Vanilla)	$3.00
Nutrient Water (4 flavours)	$4.00
Water (600ml / 1L)	$2.00 / $3.00
Bundaberg Juice (Orange, Apple, ABC)	Sml $2.00 Lg $3.80
Glee (3 flavours)	$2.50
Mini Waterford (3 flavours)	$2.00
Chilli Ice Tea (3 flavours)	$3.50