



Guidance News Senior School

Year 10

Year 10 University and TAFE talk – Week 10 Term 1

Please be aware during Week 10, Southern Cross University and Gold Coast TAFE will be speaking to the entire Year 10 cohort regarding both University and Tafe pathways

Year 11

2020 Senior Pathways Information

Please be aware of important resources for all senior pathway students, parents and guardians.

Career Exploration

- **Myfuture** - <https://myfuture.edu.au/> is a comprehensive career and education website that help students explore career options based on their skills and interests.
- **Job Outlook** – <https://joboutlook.gov.au/> is an Australian Government website providing information about Australian careers, labour market trends and employment projections, covering around 350 individual occupations. It includes an interactive Career Quiz that helps to identify work styles and suggests careers options.
- **Open Colleges** <https://www.opencolleges.edu.au/careers> contains career information, links and resources about career pathways and relevant online learning courses.
- **myPROFILER** <https://myprofiler.tafeqld.edu.au/> is a career profiling tool developed by TAFE Queensland that uses visual responses to stimulus to suggest career choices that match talents, skills and interests.
- **My Path** - <https://www.qtac.edu.au/atar-my-path/my-path>

Tertiary Information

- [Queensland Tertiary Admissions Centre](#) — processes applications for the majority of undergraduate courses at Queensland universities
- [My University](#) — information about Australian universities and other higher education providers
- [Tertiary Education Quality and Standards Agency](#) — Australia's independent national regulator of the higher education sector
- [Applying to university in Australia](#)
- The Good Universities Guide <https://www.gooduniversitiesguide.com.au/> is a course comparison website that helps students find courses, explore careers and search for scholarships at Australian universities, TAFEs and training colleges.
- [QILT](#) - Quality Indicators for Learning and Teaching website helps you compare study experience & employment data from Australian higher education institutions.
- [Study Assist](#) — information for students about Australian Government assistance for financing tertiary study
- [Open Colleges Australia](#) contains information, links and resources to help you find the career pathway that's right for you.
- VET pathways into Griffith University <https://www.griffith.edu.au/apply/admission-pathways/vet>

Vocational Education and Training

- Apprenticeships and traineeships <https://www.qld.gov.au/education/apprenticeships>
- Apprenticeships Info <https://training.qld.gov.au/apprenticeshipsinfo> is a one-stop shop for information about apprenticeships and traineeships in Queensland.



- Australian Apprenticeships <https://www.australianapprenticeships.gov.au/> provides information about Australian apprenticeships for employers, job seekers, school leavers and career advisers.
- Australian Apprenticeships Pathways <https://www.aapathways.com.au/> helps students find available apprenticeships and provides links to job pathways charts and job descriptions.
- The Group Training Australia website <http://www.grouptraining.com.au/home.html> is a directory of organisations offering traineeships and apprenticeships across the country.
- MySkills <https://www.myskills.gov.au/> provides information about vocational education and training and connects students with nationally accredited training providers.
- Queensland Skills Gateway <http://www.skillsgateway.training.qld.gov.au/> contains everything students need to know about vocational education and training in Queensland, including courses, training providers, government funding and career pathways.

Workforce

- JobActive <https://jobsearch.gov.au/> includes job advertisements, information about training providers and tips on résumé writing and writing job applications.
- JobAccess <https://www.jobaccess.gov.au/home> contains information about disability employment services, including job advertisements, financial support for workplace modifications and support for finding or changing jobs
- [CareerOne](#) provides job listings, career advice, job hunting tips and company profiles designed to help you with your job search.
- [Australian JobSearch](#) helps you find jobs and career information.
- [Seek](#) contains an extensive listing of job vacancies, career development resources, training information and tips on how to look for and apply for jobs.

Parent information

- <https://www.qcaa.qld.edu.au/parents-carers/senior/pathway-planning>
- <https://www.griffith.edu.au/apply/admission-pathways/vet>

Year 12

QCS – Special Provisions 2019

Now Open and closes 21 May

Do you need special provisions for the QCS Test?

Are you eligible?

You should apply for special provision if you have:

1. A diagnosed medical condition or an impairment
2. Exceptional circumstances that prevent you from sitting the test.

Please see Mr Jones in J block to discuss further or use the following link to check your eligibility and provisions available. <https://www.qcaa.qld.edu.au/senior/qcs-test/special-provision>

Year 12 Students wanting to do Medicine or Dentistry at UQ in 2020 please be aware that the UMAT Admissions Test will be replaced by UCAT in 2019

Beginning with current Year 11's, all applicants intending to sit the UMAT in 2019 for entry to university in 2020 will need to sit the new University Clinical Aptitude Test (UCAT). From 2019 onwards, the UMAT test will be discontinued.



UCAT will become a mandatory admissions test for the Doctor of Medicine (provisional entry) and Dental Science at The University of Queensland.

The registration for the UCAT will open in March 2019 and close in mid-May. The UCAT will be offered on a choice of dates throughout the month of July, rather than on one single date.

The test consists of five, separately timed, subtests:

- Verbal Reasoning
- Decision Making
- Quantitative Reasoning
- Abstract Reasoning
- Situational Judgement Test

For more information about the new test, including testing dates and format visit [UCAT online](#).

Preparing for UCAT

UCAT ANZ have a number of preparation materials available to assist students in preparing for the UCAT - these include:

- Practice examinations (timed)
- An online, interactive tutorial that teaches students how to approach questions and useful test strategies
- An incredibly detailed bank of example questions

We strongly encourage students to use the officially produced materials. Candidates should be aware that whilst there are many commercial companies publishing books and offering coaching for our tests, the UCAT ANZ Consortium does not work with any of these companies or endorse the use of their materials. Taking advantage of these opportunities can cost candidates a great deal of money and we would advise you to be sceptical about claims they can help you do well in the test by coaching.

You can find the official preparation materials [here](#).

[UCAT Medical School Test Prep – Free Question Bank](#)

Receive access to Kaplan's UKCAT Question Bank for free! It provides 3 full-length practice tests and over 2500 test-like practice questions. Use this resource to explore UCAT questions and provide your students with a head start in preparation for this test.

[Access it here](#)

Study Medicine Information Resource

Medical degree information is complex, it's hard to compare degrees and detect when details have changed.

The new [Study Medicine](#) website enables students to maximise their chance of becoming a doctor by providing details of the 57 direct entry medical degrees and degrees that lead to undergraduate or postgraduate medicine



You can find Study Medicine on Twitter, Facebook or email: admin@studymedicine.com.au
Find out more - <https://www.studymedicine.com.au>

Scholarships

University Co-op Scholarships Guide

These scholarships offer much more than just money. You'll get access to exclusive mentoring, work experience, leadership programs, and other benefits to make your transition to uni easier, like a relocation allowance, gym membership, and accommodation support. And while some of these programs are highly competitive, you'd be surprised at how achievable scoring one of the scholarships could be, so if you've worked hard at school check out what's available.

We've checked with every single university across Australia to bring you the details you need:

- How to apply
- Eligibility Criteria
- How much you could get
- Application deadlines

Please go to:

https://gallery.mailchimp.com/e471f7cf4840e0648d2559ba0/files/d9b4cac2-fb66-4920-a0de-f3b3ca5acbef/University_Co_op_Scholarships.pdf

Open Days & Info Sessions

ACU | Brisbane Midyear Open Evening

Wednesday 29 May | ACU Brisbane Campus Discover our upcoming midyear open evening sessions. Come along and learn about course details, admission pathways and career opportunities – for both undergraduate and postgraduate study. More information about 2019's Midyear open evenings will be available soon.

Find out more - <https://www.acu.edu.au/study-at-acu/important-dates#Midyear%20open%20evenings>

USQ Open Day | Toowoomba

Sunday 18 August | [USQ Toowoomba Campus](#)

Saturday 24 August | [USQ Ipswich Campus](#)

Be inspired by our academics, explore our world-class facilities and speak with current students about their experiences.

Find out more and register: <https://www.usq.edu.au/events/2019/07/usq-open-days-2019/>

University of Queensland | OP Results Advice

Monday 16 December | 3:00pm – 6:00pm | UQ St Lucia Campus Whether you're taking time off between high school and university, or this is your senior year of high school, you still have time to unlock the opportunity in your OP. Find out more: <https://future-students.uq.edu.au/op-results-advice>



TAFE Queensland | Nursing Webinar

Wednesday 10 April | 7:00pm | Online

Monday 15 April | 1.00pm | Online

TAFE Queensland would like to invite you to one of our free online information sessions to learn more about studying the [Diploma of Nursing \(HLT54115\)](#) with us.

Find out more: <https://tafeqld.edu.au/news-events/events/2019/april/nursing-webinar-15-april.html>

JCU Open Day

Sunday 11 August | 10:00am – 2:00pm | JCU Townsville Campus

Sunday 25 August | 10:00am – 2:00pm | JCU Cairns Campus

Explore the latest at JCU Open Day and find out how you can become ready today for tomorrow. Check out cutting-edge virtual reality, roll up your sleeves and have a go at being a palaeontologist, or learn more about how smart technology will shape the future. Tour JCU's world-class facilities and meet researchers who are making a difference. Whatever your passions, discover something fascinating at JCU Open Day. Find out more: <https://www.jcu.edu.au/open-day/>

JCU | Careers in Health Webinar

Monday 13 May | 4:00pm – 5:00pm | Online

Join Professor Richard Murray, Dean of JCU College of Medicine and Dentistry, for a webinar on the range of careers available in the healthcare sector. This webinar will cover Bachelor of Medicine, Bachelor of Surgery, Bachelor of Dental Surgery, Bachelor of Occupational Therapy, Bachelor of Speech Pathology, Bachelor of Physiotherapy, and more!

Register here: https://jcu.zoom.us/webinar/register/WN_kz-Tx4hDRoKhq2UGjzTL_w

JCU | Future Students Information Evenings

Thursday 16 May | Townsville Campus

Thursday 2 May | Cairns Campus

Thursday 2 May | Mackay Campus

Speak with JCU staff about study areas and courses, and find out everything you need to know about applying to study in Semester 2 of 2019, or in 2020.

For further details and to register, please email futurestudentsteam@jcu.edu.au

CQUni | STEPS Information Session

Friday 3 May | 9:30am – 10:30am | Multiple Locations

Friday 31 May | 9:30am – 10:30am | Multiple Locations

Friday 10 May | 12:00pm – 1:00pm | [Online Zoom Location](#)

Friday 7 June | 12:00pm – 1:00pm | [Online Zoom Location](#)

Need a little help to meet the entry requirements of your chosen university course? Or perhaps you just want some additional support to gain the knowledge, skills and confidence to successfully enter and undertake further study. Find out how CQUniversity can be the support to your study and take the first step toward a brighter future with our [Skills For Tertiary Education Preparatory Studies \(STEPS\)](#) course. STEPS is a FREE, Centrelink approved enabling course that is designed to help you acquire the necessary skills, knowledge and confidence to gain entry into university. Find out more: <https://www.cqu.edu.au/events/event-items/information-session/steps-information-session26>



Bond University | Open Day

Saturday 27 July | Robina Campus

As Australia's first private non-profit university, Bond University seeks to be recognised internationally as a leading independent university, imbued with a spirit to innovate, a commitment to influence and a dedication to inspire tomorrow's professionals who share a personalised and transformational student experience.

Find out more: <https://bond.edu.au/open-day>

Southern Cross University | Open Day Gold Coast

Sunday 18 August | Gold Coast Campus

Where could you go with a Southern Cross University degree? Find out by coming along to Open Day 2019 where you can tour the campuses, explore your degree options, meet current students, and talk with teachers and researchers who are experts in their field.

Find out more: <https://www.scu.edu.au/study-at-scu/high-school-students/events/>

CQUni Rockhampton – Open Day

Sunday 18 August | 9:00am – 1:00pm | Rockhampton Campus

Tuesday 13 August | 4:00pm – 6:30pm | Noosa Campus

Saturday 10 August | 9:00am – 1:00pm | Bundaberg Campus

Saturday 10 August | 9:00am – 1:00pm | Mackay Ooralea Campus

Sunday 11 August | 9:00am – 1:00pm | Cairns Campus

Thursday 8 August | 3:00pm – 6:00pm | Brisbane Campus

CQUniversity knows choosing can be confusing – and choosing a course is a life-changing decision. Get some clarity at Open Day. You can explore our local facilities, meet teaching staff and current students, get career advice and scout out the best study options for you.

Find out more: <https://www.cqu.edu.au/events/event-items/open-day/rockhampton-open-day5>

Australian Catholic University – Open Day

Saturday 27 July | 9:00am – 2:00pm | Brisbane Campus

Open Day is your chance to find out everything you need to know about studying at ACU before you enrol. You'll be able to tour the campus, meet staff and students, discuss entry pathways, and talk to experts about your study options and career goals. Jump on a tour led by a current student to discover all the facilities your new campus will have to offer, from the library to the health science labs. Sit in on information sessions from each of the faculties and see what units you might be studying. Ask all of the questions you want – and hear the answers you need.

Find out more: <https://www.acu.edu.au/student-life/experience-uni-before-you-start/open-day>

Workshops & Courses

Bond University Exercise and Sports Science Experience Packages

Bond University Exercise and Sport Science program has developed a suite of packages for local high school level physical education students. These packages are aligned with the new Physical Education syllabus and allow students with an interest in high performance sport, technology and testing to learn from a highly experienced staff in the award winning High Performance Training Centre. Schools and teachers can choose one, or a suite of packages relevant to their current learning schedule and timing preferences. Packages range from 1.5hrs to 5hrs in duration. Bond University will provide a detailed workbook on the



day, which allows students to record and measure outcomes, and where relevant, answer specific questions on the task and around the new PE Syllabus Unit objectives 3 and 4. To enquire now, contact Sally Perry at SPExEvents@bond.edu.au Download Brochure - <https://bit.ly/2FavrPO>

Get Ready for QUT | Gardens Point

Thursday 26 & Friday 27 September | Gardens Point Campus

Thursday 26 & Friday 27 September | Kelvin Grove Campus

Come and check out our campuses, have your questions answered about getting into uni and find out what it's like to study at QUT. Find out

more: <https://www.qut.edu.au/study/events/get-ready-for-qut>

JCU Winter School for Australian Aboriginal and Torres Strait Islander Students

Sunday 30 June - Friday 5 July | JCU Townsville Campus

Want to know what it's like to be a uni student? Then our residential Winter School program for high school students may be the program for you. The **JCU Winter School for Australian Aboriginal and Torres Strait Islander Students** offers students in Year 10, 11 and 12 the chance to experience university life during the school holidays from 30 June - 5 July 2019 inclusive. Over five days, students will live on campus and take part in academic lectures and team-building activities in an interactive program that provides opportunities to meet University staff and students and form bonds with other students in the program. On-campus accommodation allows for a complete university experience. Accommodation is in the residential colleges on campus and catering is provided for all participants while students are on campus. JCU will cover the cost of return travel, including flights, bus or train, for students outside of the Townsville region. Enquiries from students, parents and teachers are welcome. Applications close 5pm Wednesday 15 May 2019.

Applications will be made available on the JCU website.

Find out more: <https://www.jcu.edu.au/ierc>

Griffith | 2019 Careers in Commerce Experience Day

Thursday 2 May | 9:00am – 2:00pm | Gold Coast Campus

Tuesday 28 May | 9:00am – 2:00pm | Nathan Campus

Year 10, 11 and 12 students are invited to attend the annual Griffith Business School Careers in Commerce Experience Day. Students will gain insight into the exciting career choices available to them as commerce graduates, and they will hear from speakers who have used their commerce qualifications to forge successful careers in the diverse areas of accounting, business law, economics, finance and financial planning.

Find out more: <https://app.griffith.edu.au/events/event/58050>

CQUni | BLA Breakfast: A Recipe for Change

Friday 10 May | 8:30am – 11:00am | CQUni Cairns Campus

With an appetite for change, CQUni is excited to again host 'A Recipe for Change' high school student breakfast in 2019. Featuring inspiring young innovators, we set out to explore the regional and global opportunities to make a difference through dynamic careers in STEM. [For more information please contact Paige Morris](#). Cost: \$25.00 ticket per person (includes sit-down breakfast).

Find out more: <https://www.cqu.edu.au/events/event-items/seminarlecture/bla-breakfast-a-recipe-for-change>



Bond University | Ideas Camp

Wednesday 7 August | Robina Campus

Have you got an idea that will set the world on fire? Are you unsure of what career path you want to take, but know that you want to blaze your own trail? Well get ready to unleash your inner entrepreneur! IDEAS CAMP is a full-on, one day business bootcamp designed exclusively for our next gen corporate adventurers.

We've brought together some of Australia's most successful young entrepreneurs to stir the embers of your business dreams. So come gather 'round the campfire to hear how they got started. Strap on your boots to follow their footsteps. Fill up your backpack with ideas to plot your own course. Because if they can do it. You can do it.

Find out more: <https://bond.edu.au/ideas-camp>

Bond University | Health Simulation Experience

Saturday 22 June | 9:00am – 4:00pm | Robina Campus

Are you in year 11 or 12 and interested in a career in health or allied health areas? Experience what it is like to manage the care of a real patient, from start to finish, with the Bond University Health Simulation Experience. The event will consist of consultations with clinical doctors, physiotherapists, dieticians, occupational therapists, biomedical and exercise scientists and other allied health professionals, in order for each group to work with individual patients and determine optimal courses of treatment!

Find out more and register: <https://www.eventbrite.com.au/e/health-simulation-experience-tickets-56861514320>

Bond University | Psychology, Counselling and Behaviour Management Experience Day

Tuesday 25 June | 9:00am – 2:30pm | Robina Campus

Have you ever wondered what it is that makes you, you? Find out more about the fascinating study of the human mind at our Psychology Experience Day!

This event is complimentary for Year 10, 11 and 12 students and one parent.

Find out more and register: <https://www.eventbrite.com.au/e/psychology-counselling-and-behaviour-management-experience-day-tickets-56012263187>

Bond University | International Relations Experience Day

Tuesday 2 July | 9:00am – 2:30pm | Robina Campus

Ever dreamed about what it's like to be an Ambassador to the United Nations (UN)? Become a delegate for a day while collaborating, building confidence, improving your communication skills and having fun! This day is perfect for beginners.

This event is complimentary for Year 10, 11 and 12 students and one parent.

Find out more and register: <https://www.eventbrite.com.au/e/international-relations-experience-day-tickets-56012801798>

Bond University | Headstart Day

Monday 21 October | Robina Campus We invite Year 10 and 11 students who want to

experience Bond over the course of a day. Take part in simulated lectures and tutorials, enjoy interactive activities, meet our professors and current students, and get to know your way around our amazing campus. Find out more: <https://bond.edu.au/future-students/study-bond/see-yourself/headstart-day>



Bond University | Business, Hotel and Tourism Management, Sport Management, Actuarial Science and Commerce Experience Day

Tuesday 22 October | 9:00am – 3:00pm | Robina Campus Bond Business School invites you to attend a full experience day for students, parents and teachers to attend sessions, see the latest Bond University facilities and talk to relevant academics and current students. Also see the brand new entrepreneurship and Big Data facilities opened in May 2017. This event is complimentary for Year 11 and 12 students, one parent per student and high school teachers from the Gold Coast and Brisbane area. Find out more and register: <https://www.eventbrite.com.au/e/bond-business-school-experience-day-business-hotel-tourism-management-actuarial-science-commerce-registration-57365086518>

Bond University | Built Environment – Sustainable Environments, Property, Urban Planning and Construction Experience Day

Wednesday 17 July | 9:00am – 2:30pm | Robina Campus

As our population grows, so must our cities! In the 21st century, it is vital that we learn how to adapt to our ever-changing environment. Come along and learn about the design processes involved in planning and developing a local urban space!

This event is complimentary for Year 10, 11 and 12 students and one parent.

Find out more and register: <https://www.eventbrite.com.au/e/built-environments-sustainable-environments-property-urban-planning-and-construction-experience-day-tickets-56013201995>

Further Learning

Student for a Semester applications for May semester are now open

Participants of the Bond University Student for a Semester Program gain a distinct advantage over their peers by completing a tertiary subject and getting a true experience of university life, before they leave high school. Designed for ambitious Year 11 or 12 high school student living on the Gold Coast, Brisbane or Northern NSW, Student for a Semester participants also receive a Student Mentor to guide them through their studies, and students who successfully pass their subject may be eligible to receive credit towards their Bond University undergraduate degree. 768 Applications for the May 2019 semester are now open online at www.apply.bond.edu.au and close Friday, 26 April. Learn more at bond.edu.au/future-students/study-bond/see-yourself/student-semester

CQUniversity Paramedic Science Students Warm Welcome in Remote Parts of Thailand

Luke Wyld was among CQUni Paramedic Science students who were warmly welcomed in Thailand recently. Luke Wyld was among CQUniversity Paramedic Science students who recently experienced work in rural health clinics and conducted education sessions for first responders in remote areas of Thailand.

Find out more - <https://studyworkgrow.com.au/blog/2019/03/22/cquniversity-paramedic-science-students-warm-welcome-in-remote-parts-of-thailand/>

Uni Graduate opportunities 2020 – Rio Tinto

Rio Tinto's Graduate Excellence Path gives you the perfect start: an opportunity to immediately get to grips with real work, and develop your technical expertise. With roles based in regional and capital cities across Australia. They offer fly-in-fly-out rosters and permanent residential placements. If you're on track to graduate from Uni in 2019 or have



recently completed your degree you are encouraged to apply. Find out what [degree fields](#) they're interested in and [how to apply](#).

Applications are open now and close 31 March 2019.

Assessment centres in Perth and Brisbane will take place during the week commencing 20 May 2019.

What are Soft Skills and why do you need to know about them?

Why your soft skills matter

When you apply for a job you know you'll need to have the right qualifications and technical skills, they're the hard skills, the absolutes for each specific job.

Soft skills are your personal attributes, the things that will enable you to function well in your role, work well in a team, interact with other people and basically make you shine in your job.

Why do employers like them

Imagine you're an employer - you've got 2 employees with the exact same qualifications and technical skills. One of them is positive, adaptable, a great team player and always receives good feedback from customers and colleagues. There is nothing wrong with the second persons skills and ability to get the job done, but they never go the extra mile. You have to let one employee go.... who would you choose to keep?

Soft skills go beyond what you've learnt at school or Uni, they're the things that aren't generally taught but are really important in creating a well-rounded employee.

Things like:

- common sense
- initiative
- the ability to deal with people
- a positive attitude
- being adaptable

Let's face it, many 'hard skills' are rapidly being replaced by robots, which makes your 'soft skills' more valuable than ever.

Who needs Soft Skills?

Everyone. That's the short answer.

Lots of recent reports indicate that the majority of employers view soft skills as *more important* than academic qualifications.

Whether you're academically gifted, or more of a hands-on type of person, working on your soft skills is something that you should put to the top of your priority list - and never stop working on.

Top 7 Soft Skills for 2019

1. Communication skills
2. Critical Thinking
3. Leadership
4. Positive Attitude
5. Collaboration



6. Work Ethic
7. Emotional Intelligence

Travel & Wellbeing

International Experience Tours

Explore top companies, organisations and universities in the US and UK in these incredible tours! Limited spots available and open to students from around the world to join!

- [Ivy League Discovery](#)
- [Young Diplomats Delegation](#)
- [Global Scholars](#)
- [Harvard & Yale Model UN Delegation](#)
- [Youth Medical & Health Sciences Tour](#)
- [Young Innovators Delegation](#)
- [STEM Accelerators Tour](#)
- [Emerging Entrepreneurs](#)
- [Legal Leaders Delegation](#)

[Find](#) out more

What is the Comfort Zone?

The concept of comfort zone refers to a psychological state in which we feel safe and do not experience anxiety or fear. It is a “space” that we know completely and in which we control almost everything.

This article talks about what the comfort zone is, how to recognise you're stuck in your comfort zone and provides 7 reasons why you should leave the comfort zone.

Read the full article [here](#).

Alternatives to Schoolies

If the thought of a traditional schoolies week isn't appealing to you, then there are still plenty of other ways you can cut loose and celebrate the end of Year 12.

- Simply relax
- Book a beach house
- Cruise
- Plan a road trip
- Go camping
- Work
- Be productive
- Achieve a goal

Find out more - <https://studyworkgrow.com.au/blog/2019/03/19/alternatives-to-schoolies/>

Schoolies Resources 2019

If you're in Year 12 and planning on heading off to schoolies, here are some resources you might like to check out.

These are the dates for [Schoolies in your State](#)

This is a comprehensive [Schoolies Survival Guide](#), with tips about where to go, things to consider and safe partying.

[Schoolies be safe and watch your mates](#) campaign is a Queensland Government Resource with lots of information about how to look after yourself and your mates. It's definitely worth reading, take it all on board then go off and have some fun.

A short 3 minute read about [what to expect at schoolies](#).



[Instagram is not your friend](#) and 6 other tips for making the most of schoolies week.

[Going to be 17 at Schoolies?](#) Everything you'll need to know is right here.

And last but not least, here's some [packing tips](#), a list of "[must-have's](#)", and a [schoolies checklist](#) (you might like to tick these off just for your parents peace of mind).

Job Spotlight - [Lifeguard](#)

What do they do? Lifeguards are trained rescuers, responsible for the supervision, safety and rescue of swimmers, surfers, and other water sports participants. They work in swimming pools, water parks, spas, beaches, rivers and other aquatic locations. Part amphibious and just love spending time in or on the water? If you have great people skills and have the mental capacity to handle a job that has a serious side but is also serious fun, lifeguard could be the job for you.

Duties:

- Supervise swimmers and recreational water-goers to prevent accidents / injury and make sure they comply with any safety regulations
- Rescue swimmers in difficulty and provide first aid treatment /CPR if required
- Educate the community about water safety
- Monitor environmental conditions, place signs or barriers to warn of dangerous conditions or areas and make sure the public are aware of potential dangers
- Caution people behaving in an unsafe manner and expel those who refuse to cooperate
- Report incidents to management or other authorities
- Design and implement emergency procedures
- Undertake basic water quality control and testing procedures
- Maintain rescue equipment
- Care for lost children
- Perform basic administrative duties such as writing reports.

Skills required:

- First aid and resuscitation
- Physically fit and strong swimmer
- Risk management & knowledge of water safety, water and weather conditions
- Rescue and emergency response techniques, including use and maintenance of correct equipment
- Great people skills for positive public relations, effective communication and conflict management
- Basic technical pool operations
- Calm under pressure

Qualifications and Minimum Requirements (Beach lifeguard)

18 years + At all times be capable of completing an 800 metre pool swim (completed in a pool no smaller than 25 metres in length) in under 14 minutes. A lifeguard must complete a mission in less than 23 minutes on an ocean course which involves:

- a 400m swim,
- 800m run,
- 400m rescue board paddle and
- a second 800m run.



Ocean lifeguards must also complete:

- a 100m rescue tube rescue of a patient 100m out to sea and return and
- a 200m board rescue of a patient out at sea and return.

Plus, you must hold:

- Surf Life Saving Bronze Medallion/Certificate II in Public Safety (Aquatic Rescue)
- HLTAID003 – Provide First Aid
- HLTAID007 – Provide Advanced Resuscitation Techniques
- PUAEME004A – Provide Emergency Care for Suspected Spinal Injury (Spinal Management or equivalent)
- Silver Medallion Basic Beach Management (including components PUATAE002B, PUAOPE027A, BSBFLM312C)
- Current Motor Car Drivers Licence (Provisional or higher)
- State recognised Marine licence and Personal Water Craft licence
- Hold or be able to obtain a relevant Working with Children check

*Requirements vary between states and territories & also for lagoon lifeguards.

Average salary

\$27.45 per hour (Source:au.indeed.com March 2019)

Job growth in this area is **strong** (source: Joboutlook.gov.au)

Watch a video - <https://youtu.be/Gglx-gelBIM>