



Canteen Menu Term 4



Breakfast Senior Canteen

(from 8:00-9:00am)

Brekky Burger \$5.50

Egg, bacon, sausage, cheese, hash brown, BBQ sauce

Breaky Wrap \$3.50

Bacon, egg, cheese & BBQ sauce,

No Cheese Breaky Wrap DF \$3.00

Bacon, egg, BBQ sauce

Veggie Delight Wrap V \$4.50

Scrambled egg, baby spinach, hash brown, cheese, tomato, & aioli mayo

Breakfast On The Run

Homemade Banana Bread \$3.00

Fresh Fruit Salad Pack \$4.00

Vanilla Yoghurt, Fruit & Granola \$3.50

Breakfast Toasties

Cheese \$2.50

Ham & Cheese \$4.00

Cheese & Vegemite \$3.00

Vegemite & Cheese scroll \$3.00

Everyday Hot Food

Meat Pie – low fat \$4.50

Potato Pie – low fat \$4.50

Spinach & Cheese Sausage Roll \$5.00

Sausage Roll - low fat \$4.00

Meatball Sub \$5.00

Chicken Parmy Roll \$5.00

Hotdog \$3.50

Homemade

Penne Pasta Bake V \$3.00/\$5.00

Creamy Pesto Pasta V \$5.50

Fried Rice V GF (Sml/Lg) \$3.00/\$5.00

Margherita Pizza \$5.00

Mozzarella cheese & pizza sauce

Australian Pizza \$5.00

Bacon, mozzarella cheese, BBQ sauce

BBQ Chicken Pizza \$5.50

Grilled chicken, BBQ sauce, mozzarella cheese

Sushi

Crispy Chicken & Avocado

Tuna & Mayo GF

Avocado V GF

Teriyaki Chicken

Nori Chicken & Avocado GF

(Sml/Twn) \$4.00/\$6.50

Burgers

Cheese - Beef, cheese, BBQ sauce \$5.00

BBQ Chicken \$5.50

Crumbed Chicken, cheese, BBQ Sauce

Veggie Burger

(Only available Thursday & Friday)

Veggie Pattie, lettuce, tomato, cheese, mayo & sweet chilli sauce \$6.00

PBC Mac

(Only available Thursday & Friday)

Beef Pattie, lettuce, tomato, cheese & PBC big mac sauce \$6.00

Salads

Chicken Caesar \$6.50

Chicken, egg, bacon, parmesan cheese, lettuce with Caesar dressing

Creamy Pesto Pasta Salad V \$6.50

Sun dried tomato, red onion, baby spinach, grated carrot, parmesan cheese & creamy pesto dressing

Japanese Curry Pasta Salad \$6.50

Pasta, onion, carrot, baby spinach, with creamy curry dressing

Sesame Pasta Salad V \$6.50

cooked noodle pasta, spring onion, cabbage, carrot, onion, satay sauce

Roasted Pumpkin Salad V \$6.50

Roasted pumpkin, baby spinach, red capsicum, cucumber, red onion parmesan cheese & homemade honey mustard dressing

Weekly Specials

Monday

Beef & Gravy Rolls \$5.50

Mexican Meatball Sub \$5.50

Meatballs tossed in tomato salsa cheese & mayo

2 x Rice Paper Rolls V GF \$6.00

Chicken or Avocado comes with our secret sauce

Tuesday

Poke bowl \$6.00

***Karrage * Chicken *Tuna *Avocado**

Rice, carrot, tomato, cucumber, edamame, Japanese mayo,

Wednesday

Nachos Beef or Veggie \$6.50

Honey Chicken with Fried Rice \$6.50

Mexican Beef Loaded Potato \$6.50

Thursday

Steamed Bao Bun \$6.30

Pulled Pork/ Karaage Chicken

Friday

2 x Soft Chicken Taco \$6.50

Tempura chicken, tomato, lettuce, cheese, sour cream with Chipotle Mayo

Beef Burrito \$7.00

Pulled Mexican beef, rice, bean, tomato, onion, cheese, sour cream

Bento Box

(only available Thursday & Friday)

Bento Box \$16.00

Karaage chicken, pulled pork, steamed dim sum, rice, pickled ginger, coleslaw

Sandwiches & Wraps

Ham & Cheese \$4.00

Cheese & Salad \$5.50

Ham, Cheese & Tomato \$4.50

Ham & Salad \$5.50

Chicken & Salad \$6.00

Chicken, Lettuce & Mayo \$5.00

Chicken, Cheese, Spinach & Mayo \$5.00

Egg, Lettuce & Mayo \$4.50

Curried Egg \$4.00

Snack Wrap \$5.00

Chicken, tomato, lettuce, mayo

Crispy Chicken Wrap \$5.00

Chicken Tender, lettuce, tomato with PBC Sauce

Sweet chilli chicken Wrap \$6.00

Sweet chilli chicken tenders, cheese, creamy coleslaw, with sweet chilli sauce

Chicken Caesar Wrap \$6.00

Chicken, lettuce, bacon, parmesan, egg, caesar dressing

Chicken Peri Peri Wrap \$6.00

Chicken, lettuce, tomato, cucumber, carrot, red onion & Peri Peri mayo

Herb & Garlic Focaccia

(Fresh or Toasted)

Chicken, Cheese & Avocado \$6.20

Fresh Chicken, cheese, avocado, baby spinach, aioli.

Pesto, Chicken & Cheese \$6.20

Chicken, pesto, mayo, cheese

Roasted Veggie Focaccia \$6.20

Red capsicums, red onion, pumpkin, sun dried tomato. Baby spinach, parmesan cheese & garlic aioli



Canteen Menu Term 4



Vegan VG

(Must Pre order)

Vegan Sausage roll	\$4.50
Vegan Burger	\$6.00
<i>Vegan veggie pattie, tomato, lettuce, onion & vegan mayo</i>	

Gluten Free GF

(Must Pre order)

Pesto Pasta Bake	\$4.50
Cheese Burger Bowl	\$5.00
<i>Beef pattie, tomato, lettuce, onion, grilled pineapple, cheese,</i>	

Ice blocks

Paddle Pop - Rainbow, Chocolate	\$2.00
Icy Twist - Lemonade	\$2.00
Calippo	\$1.50
Frozen Fruit Cup	\$1.00
<i>Apple, Orange, Apple & Blackcurrant</i>	
Milo Cup	\$4.00
Swings <i>Chocolate, Strawberry, Banana</i>	\$2.00
Bulla Frozen Yoghurt	\$4.00
<i>Mango, Strawberry</i>	

Drinks

Milk 300ml (Chocolate, Strawberry, Iced Coffee)	\$3.00
Milk Full Cream 500ml	\$3.00
Milk 500ml (Real Chocolate)	\$4.00
Zymil (Chocolate Lactose Free)	\$4.50
Popper	\$2.00
Aloe Vera (3 flavours)	\$4.00
Water (600ml / 1L)	\$2.00/\$3.00
Bundaberg Juice (Orange/Apple/ABC/Pineapple)	\$4.00
Oak Protein Plus Milk	\$4.50
Slushie 99% Fruit Juice	\$2.50

Snacks

Cheese & Crackers	\$3.00
Nibble Pack	\$4.00
<i>Salami, cheese, cabana crackers</i>	
Chocolate Mousse GF	\$3.00
Finger Buns	\$2.00



Junior School Canteen Coffee Shop

Only open on Monday & Friday Hours

7.30am to 8.30am

Flat White, Cappuccino, Latte
Long Black, Mocha
12oz \$4.00/16oz \$5.00
12 oz Keeper cup \$3.50
Chai Latte 12oz \$4.00/16oz \$5.00
NEW!! Ice Frappe Cappuccino \$5.00

Extra

Almond Milk/Soya Milk/Oat Milk/ Lactose free \$0.80
Syrups – Vanilla or Caramel \$0.30

Breakfast is Available for staff

Hospitality Students Coffee Shop

Open on Tuesday, Wednesday, Thursday Hours

7.30am- 8.50am

Staff Breakfast is Available

Senior Canteen Coffee Machine

Monday to Friday

Hours 8.00am to 1.15pm

Flat White, Cappuccino, Latte, Long Hot Chocolate \$3.00
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Coffee can only be purchased by Senior Students/Staff /Parents

Palm Beach Currumbin High School Canteen

Opening hours Monday to Friday

Breakfast 8.00am to 9.00pm (At Senior Canteen)

First lunch 11.35am-12.10pm

Second lunch 1.25 – 1.50pm

Payment methods is cash or card

No over the phone orders or payments

Gluten Free & Vegan are available by request

Pre order can be taken before school please ask one of our friendly staff

All food is freshly made daily

V – Vegetarian

DF -Dairy Free

GF - Gluten Free

VG – Vegan

